From: Kay Kinneavy <kay@labyrinthnetworknorthwest.org>

Date: March 9, 2010 11:17:58 PM CST

To: LNN Announcements <announcements@labyrinthnetworknorthwest.org>

Subject: Lots of Labyrinth News

Dear Friends,

So much is happening around the labyrinth -- it's amazing! Here are a few highlights.....



3 new articles on the LNN Reflections Page

Jerry Etzkorn has been experimenting with beach labyrinth designs. His article includes directions for making this heart labyrinth http://labyrinthnetworknorthwest.org/reflections/2010/100221_Heart_Labyrinth.pdf

Jodi Lorimer writes about experiences during her recovery from foot surgery. http://labyrinthnetworknorthwest.org/reflections/2010/100221_Heart_Labyrinth.pdf

Anne Richardson writes about her work VA Hospital in Portland where she used the labyrinth with Veterans suffering Post Traumatic Stress Disorder. http://labyrinthnetworknorthwest.org/reflections/
2010/100221 Using the Labyrinth in working with Veterans.pdf

New Resources

New resource links added
"Health Benefits of Labyrinths"
and
"Labyrinths in Counseling settings"

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Calendar Updates

New labyrinth -- Vancouver, WA -- St. Andrew Lutheran Church, available for walking -- Wednesdays during March

New labyrinth -- Eugene, OR -- Trinity Methodist Church available -- Fridays during Lent

See details of these and many other interesting labyrinth events on the LNN Calendar. http://www.labyrinthnetworknorthwest.org/calendar.html



World Labyrinth Day Festival May 1, 2010 Marylhurst University

Labyrinth Building Contest -- Form a Team -- Join the Fun -- Register Now!

http://www.labyrinthnetworknorthwest.org/forms/100501_wld.php

More Info: http://www.labyrinthnetworknorthwest.org/index.html

List of Permanent Labyrinths in Northern Oregon -- Recently Updated Additions? Corrections? Updates?

http://www.labyrinthnetworknorthwest.org/resources/Permanent_Labyrinths_Northern_Oregon.pdf

I still need more pictures for my slideshow of Oregon Labyrinths...

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Join me May 1st 2010, World Labyrinth Day ~ Walk as One at 1

World Labyrinth Day is a global event in celebration of the labyrinth as a symbol, a tool, a passion or a practice. As part of this celebration you are invited to "Walk as One at 1" to effect a rolling wave of labyrinth walking as the earth turns. Walk in your local time zone at 1 PM. More information at The Labyrinth Society http://www.labyrinthsociety.org. Find a labyrinth on the Labyrinth Locator http://www.labyrinthlocator.com

See the LNN website for more information about the Portland Area celebration of World Labyrinth Day http://www.labyrinthnetworknorthwest.org