

**From:** Kay Kinneavy <kay@labyrinthnetworknorthwest.org>  
**Subject:** World Labyrinth Day in the news  
**Date:** May 4, 2012 9:17:08 PM CDT  
**To:** LNN Announcements <announcements@labyrinthnetworknorthwest.org>



Sunnyside United Methodist Church  
Portland, OR  
Open on World Labyrinth Day  
10 am - 2:30 pm

## Walk as One at 1 has begun

As I'm typing this message, it is already 1 PM in Eastern Russia. So the wave of peaceful energy is already spreading around the world as people walk the labyrinth at 1 PM in their own time zone. If you can't do that, walk when you can and check the world time map to see who's walking with you in another part of the world.

### Labyrinths in the News

"Celebrate Peace on World Labyrinth Day" by Meryl Anne Butler was published today on OpEd [News.com](http://www.news.com). This article has lots of pictures of labyrinths including one in Portland. My favorite was the Pinwheel Labyrinth" Check it out!  
<http://www.labyrinthnetworknorthwest.org/resources.html>

### Oregon Labyrinths open on World Labyrinth Day

The LNN Calendar has details about Oregon labyrinths open on World Labyrinth Day including links to interactive maps showing locations of 29 labyrinths. There are colorful brochures to download, and more. Take your friends and family on a labyrinth adventure today. Remember that kids love labyrinths too.  
<http://www.labyrinthnetworknorthwest.org/calendar.html>

### Walk a Labyrinth Today --- Rain or Shine

You have 18 Labyrinths to choose from in Portland, including 3 which are indoors. I like walking labyrinths in the rain, but if that's not your idea of a good time, you can stay dry and walk the beautiful indoor labyrinths.

### Virtual Labyrinths & Labyrinth Apps

There are several different virtual labyrinths available which you can walk online including 4 which are listed on the LNN Resources Page.  
Keep scrolling down. Just below the virtual labyrinths we have listed 4 different kinds of Labyrinth Apps for cell phones including one with several different patterns to choose from, a labyrinth ball, and another colorful labyrinth with singing bowls. I just got a new device which makes it possible for me to try these apps. Fun!! Fun! Fun!  
<http://www.labyrinthnetworknorthwest.org/resources.html#virtual>

### Sunnyside Labyrinth - Open twice each month

It's impossible to walk all the labyrinths in one day. If you miss Sunnyside Labyrinth (pictured above), you have another chance. Sunnyside is open to the public on each first Thursday from 7 PM - 9 PM, and on the third Wednesday from 10 AM - noon.

Details about labyrinth events from today through December 31 are all listed on the LNN Calendar. I am constantly amazed by the variety of labyrinth events in the northwest. There's something for everyone.

<http://www.labyrinthnetworknorthwest.org/calendar.html>

## **Happy World Labyrinth Day**

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