

From: Kay Kinneavy - LNN Kay@LabyrinthNetworkNorthwest.org
Subject: December Labyrinth Opportunities
Date: November 29, 2018 at 4:34 PM
To: announcements@labyrinthnetworknorthwest.org



At this time of year when weather makes it challenging to walk outdoor labyrinths, there are a great variety of interesting indoor labyrinth events. Everyone is welcome at the regular monthly labyrinth walks at First Unitarian Church in Portland, Saint Catherine's Episcopal Church in Nehalem, Trinity Episcopal Church in Portland, and Cerimon House in Portland, Details of all these events can be found on the [LNN Calendar](#)

Early December there will be many special labyrinth events. Take advantage of these wonderful opportunities. See details below.



Advent Labyrinth Walk
with Icons
Monday, December 3, 2018
6:00 PM - 8:00 PM

Kempton Hall
Trinity Episcopal Cathedral
147 NW 19th Avenue
Portland, OR 97209
[\[map\]](#)

Advent means arrival, emergence, dawn and birth. It is a time of preparation for the coming of light. This walk is meant to be a centering time to connect with what is emerging in your life.

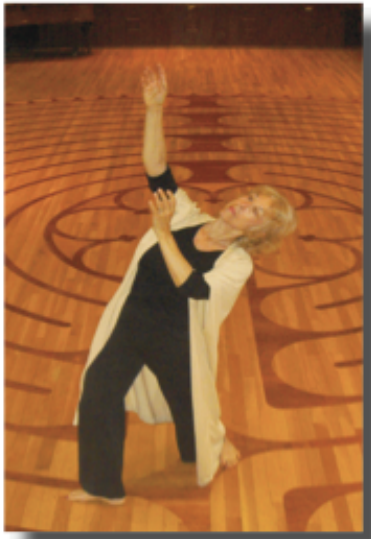
We will have a short program with readings, dance and music at 6:00 PM. The labyrinth will be dressed in images, icons, lights and colors.

The labyrinth will be open until 8:00 PM. You do not have to attend the service to walk the labyrinth.

[See the flyer for details.](#)

For more information, contact trish@keyosk.com

[Driving directions and mass transit options to the cathedral](#)



Dancing a Pathway to Prayer &
Praise
Christmas Carol Sharing Celebration

Tuesday, December 4, 2018
7:00 PM - 9:00 PM

Kempton Hall
Trinity Episcopal Cathedral
147 NW 19th Avenue
Portland, OR 97209

[\[map\]](#)

Everyone is invited to attend this Christmas Carol Sharing Celebration which is the final meeting of the winter session of a class exploring historical dance traditions as a reflection of our spiritual life's journey. The labyrinth will guide our steps as we celebrated the Holy Seasons.

People of all abilities are welcome. Wear loose clothing if you wish to participate in some of the dances.



Rededication of the Labyrinth

Tuesday, December 4, 2018

10:00 AM to 11:30 AM

Seasons of Life Garden

Legacy Meridian Park Hospital

19300 SW 65th

Tualatin, OR 97062

[\[map\]](#)

Carolyn Fairweather, who was chaplain at the time the original labyrinth was built in 2008, will do the re-dedication ceremony. The labyrinth has been beautifully refreshed with new paint.

Light refreshments will be served. Everyone is invited to join in the celebration.



Labyrinth Worship and Walk Walking with the Music of Hope 2 sessions

Friday, December 7, 2018

7:00 PM

and

Saturday, December 8, 2018

1:00 PM - 6:00 PM

Morningside United Methodist
Church

3674 SW 12th Street, SE

Salem, OR 97302

[\[map\]](#)

Friday, December 7

Don Main and Sharon Cooper will be sharing Christmas music on clarinet and piano. The worship experience will begin in a spirit of celebration and move toward a more reflective tone. Introductions and guidelines will be given for walking the labyrinth.

Saturday, December 8

During the labyrinth walk, soft Christmas carols will be playing and finger labyrinths will be

— singing and dancing, playing instruments, and more — is available. As we walk with the music of hope, we reflect on the meaning of Christmas. We invite all who participate to release our concerns for a brief time, and to simply walk in peace, allowing the insights of this Advent season to arise in our ears, our minds and our hearts.

**Are you planning a labyrinth event?
Be sure it's on the LNN Calendar.**

[Send us the info about your upcoming events](#)

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