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Subject: Quick Update: LNN Labyrinth during COVID
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To: announcements@labyrinthnetworknorthwest.org



**Time change for Veriditas Online Finger Meditation
with Lauren Artress
1:00 PM PDT**

To better meet the needs of the entire group including members in England and Australia, the time for the online Finger Labyrinth Meditation has been changed to 1:00 PM Pacific time.

These finger labyrinth meditations will be every Friday during April.

It's FREE

To register go to the [Veriditas website](#)

Some LNN members were among more than 200 people from all around the world who participated. It was an interesting and unusual experience. Try it today!

If you missed last week's finger labyrinth meditation, that has been recorded and is now posted on the [Veriditas website](#) just under the registration link.

What's Happening with our LNN Friends?

We're all in this together, but everybody's experiences are different. I had quite a variety of responses to my question "what's happening with you?"

Our members are all trying to make their way in this strange new world we're now living in. It's all very interesting to me. I can't tell you all of them right now, but here are a few.

Right after I sent that e-mail to you, I got a note from Stephen Shibley saying he had added some new material to his website. So you might want to check that out.

<https://fgserv.com/services-labyrinth-covid-19-lawn-labyrinths/>



Richard Poudrier - Labyrinth Maker from Salem reports:

"I am working on a 15ft canvas labyrinth for a friend. I had one day to lay it out in a church basement and draw it in pencil before the governor shut us down :)

I am now working on coloring it by folding it into quarters and laying it out in my spare room :)

I attached a picture. It was supposed to be ready for a Good Friday Taize walk next week - pretty sure that's not going to happen :



Laura Spurrell called to tell me about



the labyrinth group at Coffee Creek Prison. Volunteers are not allowed into the prison right now, so the women do not have an opportunity to walk the labyrinth.

This may continue for quite a while. The Chaplain has said that she could show the inmates a DVD about the labyrinth.

Do you know how Laura could get a copy of that OPB show about Denny Dyke's beach labyrinths? I don't have any way to copy it off the internet? Any suggestions?

Also, how could they record Laura and the others talking about the labyrinth and sending an inspirational message to the inmates? This would also have to be on DVD.

Do you have a labyrinth DVD which you'd like to donate to the prison?



Remember the good times we had together.
Some day we will all be together again on the labyrinth!

Love,

Kay

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