

Labyrinth Network Northwest  
January Meeting  
**Dancing the Labyrinth**  
January 31 - 7:00-9:00 PM  
Grace Memorial Episcopal Church  
16<sup>th</sup> and NE Weidler  
Portland, Oregon



This workshop will offer you rich resources for dancing the labyrinth including:

- The historical “crane dance” associated with the Cretan labyrinth and danced today,
- the Pelota, an Easter dance of the Middle Ages and ways to incorporate this into contemporary practices,
- creative and symbolic movement which can enhance labyrinth spirituality and rituals,
- and the Appleton dance which is currently popular throughout the USA

This is an evening to learn, experience and explore ways that expanded movement and dance can enhance experiences on the labyrinth individually or collectively. If you have resources or dances to share, please bring them. There will be time for exchanging ideas. All are welcome.

Presented by: Jane Rickenbaugh, Maranee Sanders, Ann Schneider and DC Donahue. These dance leaders have a rich range of backgrounds in dance history, creative movement, sacred dance, labyrinth ministry, and religious education.

Questions?  
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