Winter 2013/2014



Labyrinth Network Northwest News

RECAP of 2013 LNN EVENTS and 2013 NEWS TIDBITS

Yes Jodi and I fell by the wayside in 2013 as far as keeping up with the quarterly LNN news for all you LNN members, subscribers and labyrinth lovers out there....it was just one of those years. So while it's impossible to recapture all of the wonderful moments in detail, we have provided links to photos from many of them and will try to fill in a bit around the edges. We start where we left off last New Year's Eve, eagerly awaiting the final labyrinth walk of the year in Kempton Hall.

Articles for this issue written and compiled by Christiana Brinton unless otherwise noted.



Trinity Episcopal Cathedral of Portland New Year's Eve Walk Dec 31, 2013

By Mark Woodlief and Pam Maben

Members of the Trinity Labyrinth Guild were joined by a handful of other walkers to mark the new year at midnight. They literally rang in the new year, chiming hand bells while circling the labyrinth. And the truly exciting news is the attendance – 99 people walked the labyrinth between 8:30 p.m. and the midnight ritual. Pam Maben had this to report, "The labyrinth looked lovely with all the candles and during the time I was there we had about 85 people, many of whom I had never seen before." Maybe this event has finally reached critical mass and will continue to see increased attendance in the years to come. How exciting!

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Trinity Episcopal Cathedral of Portland Icon Labyrinth Walk, Dec 2, 2013

This was a much anticipated walk and did not disappoint. Here are Marlise



Strobe's impressions with a few photos taken by Mark Woodlief.

Every year, the Labyrinth Guild at Trinity Episcopal Cathedral in Portland, OR hosts a wonderful event that is titled: "Walking with Icons". This past year, the icon walk was very special.

On December 2, 2013, participants gathered in the church sanctuary around 6:00p.m. We were able to sit in silence for about 20 minutes viewing the many icons that had been placed in front of the altar. It has been said that icons are windows to the soul. Icons encourage a space for meditation and mystery.

The icons assembled came from many various artists. Trinity Episcopal has an icon class, and some of those students shared the icons that they are working on.

After the time of silence in the sanctuary, the pastors from Trinity gave a short welcome. Then, all of the participants approached the altar and we each chose an icon to carry in a procession to the Labyrinth space in Kempton Hall. When we arrived at the Labyrinth space, we were greeted by a solo trumpet carol and led into the room with a festive circle folk dance



We all placed our icons around the Labyrinth amid beautiful fabrics and

white Christmas lights and candles. The setting of the icons with the labyrinth is very beautiful and moving.

After all the icons were in place, the walk began. The CD playing during the walk was called "The Virgin's Lament". It is a CD produced in Ireland with a pure soprano voice, Noirin Ni Riain singing with the monks of Glenstal Abbey. As I walked, I was very aware of the striking balance in the music between female and male voices with chant and response. This reminded me of the balance between the sacred feminine and the sacred masculine that we strive for in our own lives.

I would encourage everyone to attend this event in the future. And thank you to the Trinity Labyrinth Guild for hosting this event. It is a wonderful way to begin the holiday season.

Marlise Stroebe, LNN Circle Member



LIST OF 2012-2013 EVENTS with LINKS (if available)

Dec 3, 2012; <u>Trinity Cathedral Icon Labyrinth Walk</u>

Dec 31, 2012; Trinity Cathedral New Year's Eve Walk

March 8-11, 2013; Workshop & Facilitator Training with JoAnn Mast,

Trinity Episcopal Cathedral

March 16, 2013; <u>Biography of a Minotaur</u>, LNN Benefit Talk by Jodi Lorimer

June 20, 2013: <u>LNN Summer Pilgrimage</u> to the Dalles, <u>Mid-Columbia</u> Medical Center

July 13, 2013; LNN <u>Twilight Walk</u>, Rosetti Labyrinth, Hillsboro, OR August 4, 2013; <u>Children and Labyrinths: Focus and Fun. Workshop by</u> Beth Langley

September 16-23, 2013; TLS Gathering, Vancouver Island, BC, Canada



LABYRINTHS IN THE NEWS

Wedding of Jenn & Ron Richter at the Parkville Labyrinth, McMinnville, OR, September, 2013.

Article & Photos submitted by Genne Sherman

It was a beautiful wedding and was almost over before that wonderful thunder and lighting storm hit. The bride and groom were so pleased that the important part was over and pictures were taken. They said that rain on your wedding day meant good luck and since it was such a hard long rain they were going to have a wonderful life.





Milwaukie Lutheran Church buys St Barts Labyrinth

The Milwaukie Lutheran Church is now the proud owner of a 36' medieval, Chartres style, canvas labyrinth that they are offering for rent to anyone needing a large labyrinth for an indoor function. And, speaking of rentable labyrinths, LNN is very willing to create a page on its website for all owners of canvas labyrinths who wish to rent them. If you live anywhere in the Pacific Northwest and wish to have your canvas labyrinth information listed for free on LNN's website, please contact Kay Kinneavy.

Sisters Community Labyrinth Opens in Eastern Oregon

A 7 circuit, modified medieval labyrinth intended to "promote health and wellness while providing a place for relaxation, meditation, reflection and fun" in now located on US Forest Service land in Sisters. Jan MacGowan writes, "The labyrinth is a gift to the community from Ford Institute Leadership Program participants. It was our class project following completion of our training, dedicated last January

Episcopal Church of the Good Samaritan Outdoor 11 Circuit Labyrinth Opens In Corvallis

The very active labyrinth guild at this church now has a fifth labyrinth in its contemplative arsenal in the form of a beautiful inlaid stone labyrinth in the courtyard between the church buildings. Open to the public year round, this is a must visit when in the vicinity.





NEW COORDINATOR FOR CCCF LABYRINTH MINISTRY



The CCCF Labyrinth Ministry experienced a changing of the guard this fall when Christiana Brinton stepped down as coordinator to move to Texas and Julia Cooley stepped into the position in September. Julia is fairly new to labyrinths and comes to it from an arts perspective. She was so

moved by her three visits as a guest volunteer that she decided the next step in her labyrinth journey was to take on this very important job of coordinating communications between Coffee Creek and Emily Brault the chaplain there and the labyrinth volunteers.

There continues to be an ongoing and critical need for more volunteers for this and the Oak Creek Labyrinth Ministry. If you like working with teens and young adults and live south of Portland then get in touch with their coordinator and make a difference at OCCF.

I urge anyone who loves labyrinths, whether or not they're a certified facilitator, to step outside of their comfort zone and join us for a few visits as guests of the volunteers. You can come for three visits before you make any commitment to receive the training and become a badged volunteer. I promise you the experience will alter the perception of your own capabilities and you will contribute so much to the women inmates who hunger for spiritual connection. For more information, visit the LNN Resources page. Christiana



PERSONAL REFLECTIONS ON A FEW OF THE 2013 EVENTS

By Christiana Brinton

I attended the Summer Pilgrimage to the Dalles, Jamie Rosetti's home labyrinth walk and the TLS Gathering on Vancouver Island in September. The three events couldn't have been more different and yet all were marvelous in their own way. I am so glad I attended these events and have such wonderful memories of each of them.



The Pilgrimage to the Dalles was extremely enlightening to me because I have never been involved with hospital or health care facility labyrinth installations and have walked very few of them. I

tend to avoid hospitals frankly and those I have walked I've found to be rarely if ever used by staff, patients or their families because the hospital administration employees aren't aware of their existence and have no clue where to find them on the grounds. Not so in the Dalles. If ever there was a model, for all types of health care facilities, of total labyrinth integration in the preventative and long-term care of their community, this is it. I was so impressed by the site (the helicopter landing pad/labyrinth right in the center of the campus), the documentation that is given to all new patients and their families and the dedication of staff and employees to the use of the labyrinth by their community and by the local community as well. The top three administrators of their organization took the Veriditas Facilitator Training prior to the labyrinth being built. This key effort generates huge foundational support for endless creative ways of using the labyrinth by enthusiastic community members and organizations. All of us on the trip enjoyed ourselves immensely including the lovely luncheon on the Columbia River at their gym complex after the walk and discussion.

Next was the Twilight Walk at Jamie Rossetti's house. I drove what seemed like half way out to the coast to find her place in Hillsboro and found a lovely 11 circuit, Chartres style, medieval, brick labyrinth in the far



corner of her yard. Jamie had set out refreshments and music played while we walked. Her gentle husband built this labyrinth by hand for her and I felt his love and dedication with every step I took. I walked barefoot, the evening was a perfect temperature and many people showed up from a number of Jamie's various communities. I saw labyrinth friends I hadn't seen in many months and met new ones who later attended the TLS Gathering. I was especially impressed with the landscaping around the labyrinth; the fountain, benches and meditative nooks. Walking it reminded me of the passion and focus it takes to build a labyrinth – that Spirit takes over and all else fades away as each brick or tile or stone laid makes way for the next. I have experienced this process and was so grateful to be in the heart of it again that night.

And finally the TLS Gathering; so many wonderful highlights, such amazing scenery, such good food and companionship. Stephen Shibley and Holly did a bang up job, Tigh na Mara is a gorgeous setting,



the weather for the most part was perfect except for the final post-Gathering events, but even those were great. I am only sorry I missed the pre-Gathering drive up the coast from Victoria as I heard such wonderful stories about their



adventures. Loved Victoria, eating on the harbor, the carriage ride, the labyrinth walk and meeting the assistant mayor of Victoria. Loved driving up the coast and stopping at labyrinths along the way on my own.

Loved my room overlooking the idyllic bay where I swam in 65 degree water the day I arrived and watched a lone seal observe my spiritual practice on the beach early one morning. Loved walking Ansula's Genesa labyrinth

in the big field with her and three other women as we danced and howled at the full moon overhead. Loved the community labyrinths, the huge old growth forest further



north, the camaraderie, the music, Ariadne's song taught to us by the local storyteller who was amazing...truly in Taliesin's vein. I would return to this magical island that has birthed so many labyrinths in a heartbeat and I hope I have a chance to do so in the next few years.







MARK WOODLIEF JOINS THE LNN NEWSLETTER TEAM

Mark Woodlief likes to say that he has lived in the four corners of the United States – the Northeast, the Southeast, the Southwest and, now, the Northwest. Discovering the labyrinth many years ago helped to provide a context and a compass, of sorts, to his peripatetic existence. News reporting and editing is in Mark's DNA and resume so taking this on is not a stretch for him in the least. He's a member of the Trinity Labyrinth Guild and has participated in many LNN events. We are thrilled to have him on board!