

## A Heart Labyrinth

by Jerry Etzkorn

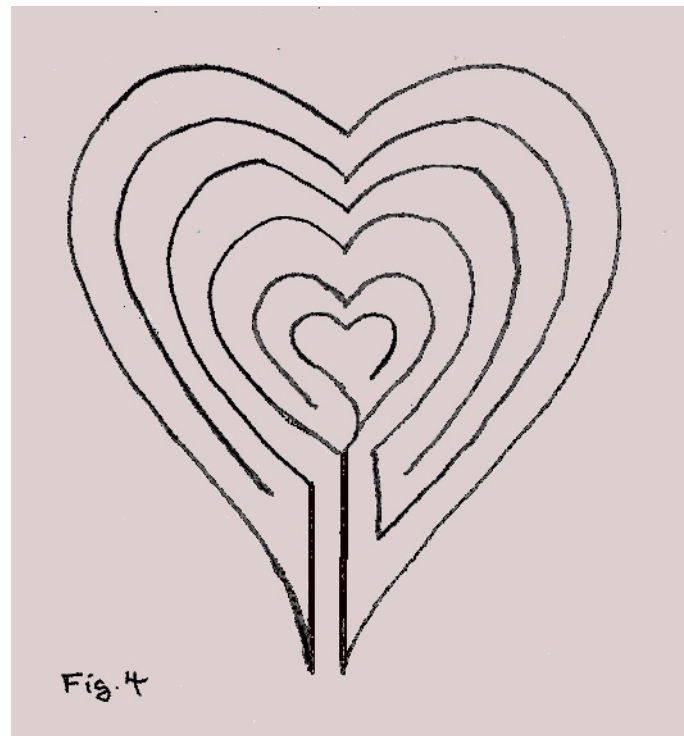
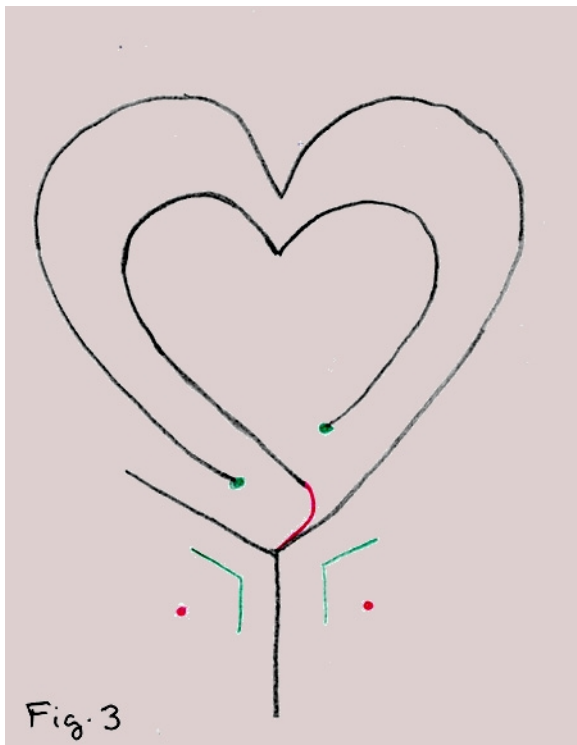
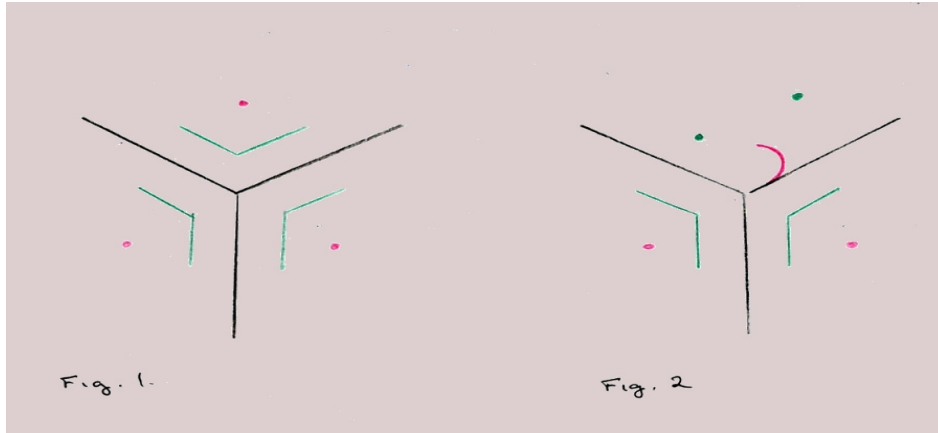
I have been experimenting with a variety of Labyrinth designs and configurations that can be easily drawn on beach sand and enjoyed for a few hours. One of my latest efforts is a five circuit Heart Labyrinth.



Janett, in the centre of my Heart.

## The Design

I started the design with a 'seed pattern' consisting of 3 lines radiating from a point, 3 angled inserts and 3 dots as seen in figure 1. To obtain a heart shape I experimented with a few changes and ended up with the pattern in figure 2. The top angled insert became two dots (all in green), and the top dot (in red) became a curved line connected to the right central arm. Figure 3 shows the center and innermost circuit. Figure 4 shows the completed design. I found that to get a full heart shape it was necessary to keep the lines close together near the bottom and widen them out at the top.



Please feel free to use this design as you wish, giving me design and/or photo credit if you include these photos, drawings or design in a publication, website or permanent installation. I feel that to make a Labyrinth is to make a spiritual connection with the earth. Expressing this simple design, and others like it, is a quick and easy way to share the Labyrinth experience with friends and family. I find that drawing them in sand is both exhilarating and satisfying. It is a powerful experience to walk through these creations afterwards. On the other hand, a day at the beach making and walking Labyrinths need be nothing more than pure and simple fun. Blessings to all.  
Jerry Etzkorn, Carmanah Point Lightstation, BC.

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**About the Author:**

**My wife Janett and I have been Lightkeepers for over 30 years at five different Lightstations on the coast of British Columbia. Carmanah Point Light, on the south west coast of Vancouver Island, has been our home for the past 23 years.**

**In 1997, Janett and her sister Mary Kay built a 51 foot diameter Chartres style Labyrinth on the lawn in front of our house. It was made as a memorial to Mary Kay's son who had died at the age of 17. They worked for days in the winter rains using a tiny picture found in the December '97 (or January '98) issue of Utne Reader.**

**In 2003 we fell in love with Chartres Cathedral and her Labyrinth while attending one of Lauren Artess' workshops.**

**I have always enjoyed working on, looking at and photographing our Labyrinth, but up until recently I have always felt to be 'outside the Labyrinth' even while walking the path. This started changing with my participation in the TLS Labyrinth Gathering in Portland last fall. It was there that the seed started to grow; a direct result of being among so many wonderful people and their ideas, and having the opportunity to walk a variety of Labyrinths numerous times. I feel like a neophyte, but know that I am now 'on the path'. One of my present passions is designing alternate Labyrinth shapes and patterns that can be relatively easily drawn in the sand, laying them down and walking them to the heartbeat of the breaking ocean swells.**

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