



The Labyrinth Called Me to Build It

In May of 2010 I was on a flight to Tucson and read an article on labyrinths. Thus began my enchantment with this miraculous spiritual practice. I have now walked labyrinths in every city I have traveled to since, including Minneapolis, Indianapolis, Nashville, Grand Rapids, Austin and more.

Early on I felt the desire to build one in my front yard. My house is set very far back from the street. Hence, I have a lot of front yard and have always felt that there was little I could do to really enjoy it. Then in March of 2010 my husband committed suicide...in the front yard. The call to build a labyrinth there felt like a way to reclaim and rebuild a positive energy environment in which I live.

The road to building this labyrinth was as circuitous as the labyrinth itself. But every step of the way people crossed my path with answers to whatever the next dilemma was. I met a woman in Buda, Texas who recommended a book to guide the process. She also recommended an energy healer in Arizona who evaluated the energy flows on my property. A friend donated the first rocks to build it with. My lawn crew graciously worked around it as it grew bigger and bigger, never charging me more for that effort. There was a long break between the start of the build in September of 2010 until June of 2011 when I invested in the remaining rocks to finish the job.

Recently I joined the 365 day walkers club on The Labyrinth Society's web site. This personal commitment to walk it daily helps me to focus and take advantage of the sacred space I have created. I add embellishments to it from time to time. First a feather, then a ceramic turtle at the center, some colorful small rocks to put on top of the bigger ones, and most recently some shells. It is listed on labyrinthlocator.com because I want anyone who is interested to come savor this ambient space. I may never know that anyone was here but I will feel the increased energy when I walk it. Please come enjoy it yourself someday.

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Corrine Holden was born in Seattle but spent 30 years living in the Chicago area. In 2001 she returned to the Pacific Northwest and now lives in Everett, WA with her two canine companions. She works for City University of Seattle as Program Director for three undergraduate business programs. She is actively involved in the Evergreen Unitarian Universalist Fellowship having served on the Board of Trustees and now as part of the choir and a percussion group called Rhythms of the Forest.