

Labyrinths Matter - Newsletter

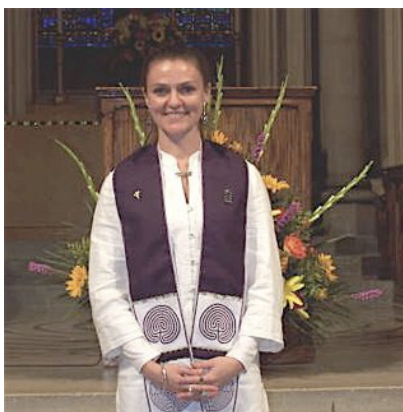
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Feature Article

Congratulations to Rev Siobhan Christian recently ordained as an Interfaith Minister



To read more about Siobhan's clip clopping along the path to Ordination in New York USA . . .



and how she just happened to find a labyrinth without a facilitator go to page 14.



There is much more to Siobhan's journey . . . to do the work of her soul. See website www.alifeprolifique.com/

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The Voice of the Labyrinth Movement By Lauren Artress, Online Radio Interviews



Lauren Artress has dedicated her life to reclaim the healing powers of the labyrinth for people worldwide. Her seminal first book *Walking a Sacred Path: The Rediscovery of the Labyrinth as a Spiritual Practice* launched the act of walking the labyrinth for prayer, meditation, psycho-spiritual healing and community building.



To listen to the topics shown below please go to Lauren Artress's website www.laurenartress.com/
Select 7th Wave Network

The Wisdom of the Labyrinth: Life is a Winding, Spiral Path 14 May 09 Interview - Margie Adam

Join us for this opening show hosted by author and leading force within the labyrinth movement, Lauren Artress. She introduced the transformational practice of labyrinth walking and it has helped guide many people to healing, deeper self-awareness and finding their soul-assignment. If you don't know what a labyrinth is, listen in. Her guest, singer and songwriter Margie Adam—who composed the introductory piece to this show—will share how the labyrinth has touched her life, released her creativity, informed her activism and opened up a whole new world to her.

"The Labyrinth: Its History, Mystery & Meaning" Interview with Jeff Saward. 21 May 09

We know that labyrinths have ancient roots, but where did these labyrinth designs come from? How did they originate? Labyrinths are often confused with mazes though they engender different experiences. What is the difference? What folklore lies behind these beautiful designs? Join Lauren Artress with her colleague and guest Jeff Saward. Jeff is the foremost historian and researcher of labyrinths. He travels all over the world to rediscover labyrinths that have been lost from our consciousness awareness.

Interviews "Transforming the Human Spirit" Dawn Matheny & Linda Mikell. 28 May 09

Veriditas, The Voice of the Labyrinth Movement has been the organization behind the labyrinth movement. Lauren Artress, the Founder, started this not-for-profit in 1996 at Grace Cathedral in San Francisco, CA.

Veriditas has trained over 3500 facilitators and as a result many other organizations have taken root in the Western world. Her in-studio guest will be Dawn Matheny who serves as the Executive Director of Veriditas.

Two highly experienced facilitators will join us. Linda Mikell the founder of Little Miracles on the Path will encourage listeners to submit stories over the course of our broadcasts. See page 3.

Ellen Meuch will introduce listeners to The Global Healing Resources Project. See pages 5 & 6 for more information about Global Healing.

June Archived Online Radio Interview A Raw Experience of the Holy. 4 June 09 Interview with Alan Jones

As we awaken to a broader consciousness we are yearning to live a more authentic spiritual life. We are tired of second hand religion, where beliefs have been handed down to us from earlier generations. We hunger for a direct experience of the Holy. We want first hand experiences that open us up to the mystery of life and give us a practical spirituality that guides our lives. Join Lauren Artress with her guest and colleague Alan Jones, author and Dean Emeritus of Grace Cathedral. Together they will address these raw experiences of the Holy, what kind of guidance is needed to integrate the experience into your life. Both the positive experiences and the pitfalls will be discussed.

So You Want to Create a Labyrinth? Lessons from the Labyrinth - 25 June 2009

When we walk the labyrinth we grasp our lives with fresh eyes and renewed commitment. We get the "big picture" and part of that picture is a gut understanding that we are all on the path together. Metaphors inform our thinking and parables, or teaching stories, become alive and nurture our spiritual lives. Join me for this show that will highlight some of the wisdom teachings that illuminate the labyrinth and our spiritual lives as well.

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The Dragonfly Principle.

Mary Hamilton 2 July 09

The body, literally the flesh, plays an essential part in our spiritual lives that has long been overlooked and misunderstood. What role does the body play in the unfolding spirituality that is emerging in Western culture? How do we become grounded in our spiritual lives so we have traction and impact? Join me with my guest Mary Hamilton for a lively discussion. Mary created the Body Soul Rhythm process under the Marion Woodman Foundation over the last 35 years. She is author of *The Dragonfly Principle~An Exploration of the Body's Function in Unfolding Spirituality*.

The Inward Journey.

The Reverend Cynthia James 9 July 09.

Many of us are seeking the Divine in ways our family of origin have not understood. Second hand religion—beliefs passed down to us—does not suffice. We are looking for first hand religion, or a direct experience of the Holy. We are looking for a meaning-filled life. The modern journey requires self-reflection, a contemplative practice and honesty with our self and others, My guest this week will be author, teacher and counselor The Reverend Cynthia James to discuss what it means to be a spiritual seeker in this time of challenge and change.

The Spirit of Veriditas - Newsletter Spring 09

The theme for the Spring Issue of Veriditas's newsletter "animals and the labyrinth" This is a delightful theme as it taps into the vein of interest because, with labyrinths, we are working with ancient archetypal forms and energies. Animals, as well as humans, seem attracted to these ancient patterns.

Read the delightful stories such as "Paws on the Path" "Cat - centric Circles" "Labyrinths and Horses - A Connection of Spirits" "The Power of Two - Dogs & Humans" "Honouring All Creatures Great and Small" Feathered Message - Page 4

There is also a book connection - the selection of books will be of interest to anyone who is interested in balance and wholeness, not only in ourselves, but also in the animals we communicate with so intimately.

To view the newsletter and join the mailing list go to the following link

<http://www.veriditas.org/newsletters/archive/LJ-Spring2009-Updated.pdf>

The New Home of Veriditas

IONS in Petaluma in California 94952.

Telephone 0111 707 283 0373.

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Email address is contact@Veriditas.org



Little Miracles on the Path.

From Veriditas's Spring Newsletter

By Linda Mikell.



Linda Mikell is long-time lover of the labyrinth and has made it her ministry to collect and share stories on the labyrinth and of how people have been effected by their labyrinth experience. She is a Veriditas trained facilitator, a member of the Veriditas Council and the NE USA Regional Representative.

Planning a labyrinth event, worried if anyone will come?

How many will show up? Will we be sitting there alone, with the candles lit and the music playing? The following "Little Miracles" story speaks to this common worry. In this case, Canadian Geese telegraphed the message to facilitator Nancy Franz. (See page 4) She sent me this story in 2004 during the first year of Little Miracles on the Path. Enjoy!



Do we have little miracles on the path to share with Linda?

To add your story to Linda's collection, please email edlinmik@optonline.net

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Feathered Message . . . "Space is Limited! "

I went to the facilitator training to learn more about leading larger labyrinth walks. I had a very strong feeling that there was a community of people who would benefit from my labyrinth, but I did not know exactly what that meant to my work. Upon returning home, I sat down at my computer and began writing invitations for the next full moon labyrinth walk. I ended the invitations with the words "Space is limited so please reserve a space." As I typed those words, I felt this immediate urge to go out into my pasture and walk the labyrinth. I have learned to listen carefully to such urges. With one foot inside the labyrinth, I suddenly heard a very loud flock of Canadian Geese. I looked up to see a large "V" flying over head. Instead of flying on by, they made a U turn and landed not far from where I was standing.



On the ground, their calls became louder. Soon, another large "V" flew over head, made a U-turn and landed in the same spot. Their calls became louder, and even more geese came. For about fifteen minutes, geese came from every direction, making U-turns and landing in response to the calls of the geese on the ground. It was like watching a movie and I got the message very clearly:

Do not worry so much about the numbers. Let the labyrinth call the people here who need it. Let those folks call to others. Just as I received this clarity all the geese took off at once in a tremendous flurry. Grateful for the lesson, I returned to my computer and deleted the line beginning, "Space is limited." More people came to that moon walk than ever before. It was a wonderful evening. Warmly,

Nancy Franz nfranz@h2net.net

The Path



When I look at the whole package
The intricate web
The many branched tree
Of all that I know I can do
I feel overwhelmed

The burden of ability
Of responsibility

As I place my foot
At the beginning of this path
I feel safe
I know I am loved

It has form
Its impact can extend way beyond
its boundaries

It guides me
Contains me
Protects me
Teaches me
Accompanies me
Whispers wisdoms
Takes me in to flight
Renews
Cleanses

It looks 2 dimensional
It has depth
And height
It expands
Contracts
Like lungs
Filling and expanding

What a wonderful ride
On the rise and fall
Of this sacred path

Margaret Rainbird

www.vitalpeople.com.au/about.htm
and TLS Region Representative NSW

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Healing Resources - Quarterly Labyrinth walks.

By Ellen Bintz Meuch

Veriditas Faciliator



I am excited to offer a new opportunity from Veriditas. As many of you know the Global Healing Response was introduced right before Hurricane Katrina as a program that outlines a unified response to a global disaster or event that would benefit from healing. The plan was

enacted after Katrina and the China earthquake and Myanmar floods. It proved to be a meaningful and helpful response for those involved and hopefully for those affected by these disasters. . . . such as Australian disasters of Black Saturday and Floods in Queensland 2009.

JoAnn Mast and I have created a new way for the Veriditas family (and hopefully beyond) to work together for global healing on a continual proactive basis. We have named this part of the GHR the Global Healing Resources. We have developed a themed walk that each of us, as facilitators, could incorporate into our labyrinth programs. If each facilitator hosted one GHR walk a quarter think of the impact we could have on the world! And, if we passed the GHR on to other healing modalities the possibilities are endless.

Each year we will name a theme and the year will be divided into quarters with a separate focus for each quarter. To accentuate each focus we will have a quote, symbol, prayer, flyer template, ambiance ideas, music suggestions, and even a color. As always, these are just suggestions!!!! Your creativity and instincts are always an important part of your application of the GHR.

The theme for 2009 is Transition
Jul-Aug-Sep Focus is Creativity.

JoAnn and I liken this to a Sunday school lesson. If you are a new facilitator we hope this makes your life a little easier if you have wanted to plan an intentional walk and weren't sure where to start. If you are a seasoned facilitator we hope this idea adds a spark to your existing program.

My thanks to Bonnie Odiorne for writing the prayer for this quarter and Warren Lynn who provided the fabulous pictures of the birds you will see as our symbols this year. If you can listen to Lauren's radio program Wisdom of the Labyrinth there is an archived recording where I will be discussing the GHR on the 28th May 09. As always, comments and ideas are welcome! Peace & Healing,
Ellen Bintz Meuch meuch@msn.com

Theme: A Time of Transition

"There is no power greater than a community discovering what it cares about"

July-August-September the Focus is - Creativity

Quote: Creativity requires the courage to let go of certainties. Erich Fromm

Picture/symbol: Robin:
With the robin we can expect new growth to occur in all areas of our life - to open our hearts and spread our wings.



American Robin by Photo Warren Lynn

Color: Orange.

Prayer: Divine Light, Creator of the universe, Your Love and Light is within and around all of us. It is in the galaxies and the smallest grains of sand. May our creativity and daring growth be inspired by the images of this vast universe. Give us the courage to bring to consciousness the sacredness of the universe and the interrelationship with our earth community. May our walk within the ancient paths of this archetypical labyrinth imprint a new birth that shares in the awe and wonder of those first beginnings. Bonnie Odiorne

Ideas for benefiting organization:

Honor an innovative program that is trying to reach people in a new way. Perhaps an organization that provides micro loans to people wanting to create new businesses in impoverished countries?

Ideas for ambiance: Supply journaling paper, sketching paper, colored pencils, pens, stamps for participants to express their creative ideas after their walk.

Music Native American Flute by Carlos Nakai

"Canyon Trilogy" Listen to the music.

www.amazon.com/Canyon-Trilogy-Native-American-Flute/dp/B000001367/ref=sr_1_1?ie=UTF8&s=music&qid=1245126135&sr=1-1

"Mythic Dreamer" Listen to the music

www.amazon.com/Mythic-Dreamer-Music-Native-American/dp/B00000136V/ref=sr_1_1?ie=UTF8&qid=1245126076&sr=1-1

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Down Under - Adds to Global Healing Program

Orange: combines the energy of red and the happiness of yellow. It is associated with joy, sunshine. The colour orange represents creativity, enthusiasm, success, fascination, happiness, determination, attraction, stimulation and encouragement.

To the human eye, orange is a very hot color, so it gives the sensation of heat. Nevertheless, orange is not as aggressive as red. Orange increases oxygen supply to the brain, produces an invigorating effect, & stimulates mental activity.

Picture Symbol - Folk Law and Myth.

A story about the birth of Christ. A Robin flew into the stables where the baby Jesus was born. Seeing Mary and the boy child sleeping, the Robin noticed a nearby fire had almost gone out, and while fanning the embers back into flame, he burnt and singed his breast feathers. Mary blessed him for his courage, and when his feathers grew back again they remained red in recognition of his efforts.



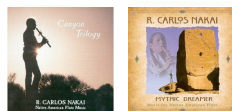
www.controversial.com/Robin%20Redbreast.htm

The didgeridoo. The didgeridoo is one of the oldest musical instruments with origins in Northern Australia tens of thousands of years ago. It represents the Rainbow Serpent in ceremonies. Legend



has it that the Rainbow Serpent created riverbeds and landscapes by sliding across the earth sounding animals into form. In the Dreamtime the Great Spirit Byame created man and woman, and told them to create all the animals and birds by either singing them into form or sounding them into form by playing the didgeridoo. See a video clip and listen to the music. Like what you see and hear then buy a CD's or DV's <http://www.didgeridoo-music.com>

Please take notice of the copywrite requirements - see website for the details.



Meditate 09 - New connections- building networks and supporting each other.

By Lorraine Rodda



Leonie Brien, TLS Representative for the Region of Wangaratta, attended the Meditate Conference as a guest of the Organisers and was available for the Workshop Day to meet with participants to talk about and walk the modified, seven circuit Chartres Labyrinth.

Garth Stone, Conference Team organiser, played the didgeridoo, crystal bowls and borrowed the labyrinth from the Augustine Spiritual Centre in Hawthorn. Garth, a keen supporter of the labyrinth enthusiastically encouraged its appearance at the next Event. He also offered to assist to promote Lauren Artress's visit to Australia; possibly in the Spring of 2010

In the afternoon Leonie was joined by Geoff and I to assist with enquiries about labyrinth walking. We were all delighted to make and renew connections with people who now wanted to build their own labyrinths both for personal use and for their meditation practices. As happened at the Meditate 08 Expo people were very interested in the double finger labyrinths, the resources available to help guide the creation of labyrinths and the various publications on display. See page 15 for details where to buy finger labyrinths and page 18 to create your own.

Email Address For Leonie
leonie.brien@galen.vic.edu.au

We look forward to presenting the labyrinth as a transformational meditative practice at future Events.

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**Parliament of the
Worlds Religions -
invitation to join
the celebration**

**Professor Joy Murphy Wandin AO
Senior Woman of the Wurundjeri People will
perform the Welcome to Country.**

Welcome to Melbourne for the Parliament of the World's Religions, December 3-9, 2009. On behalf of the spiritual ancestors and the traditional owners of Melbourne, I invite you to Melbourne in 2009, for the Parliament of the World's Religions to share in the traditions, culture and spirit of Australia.

It is a traditional custom of Australian Aboriginal communities to give permission to people who wish to enter the country. The Wurundjeri people are known as the Manna-Gum (eucalyptus tree) people and we invite you to share with us from a branch of Gum leaves. Taking a leaf means that you are welcome to everything from the tops of the trees to the roots of the earth on our ancestral country. It also means that you and I, we become linked symbolically and spiritually. By this action you join with us to honour our ancestors who have nurtured our land for thousands and thousands of years.

About Joy Murphy Wandin AO



Joy Murphy Wandin is an Indigenous Australian, Senior Wurundjeri elder of the Kulin alliance in Victoria, Australia. She has given the traditional welcome to country greeting at many Melbourne events and to many distinguished visitors where she

says in the Woiwurrung language "Wominjeka Wurundjeri Balluk yearmenn koondee bik" (Welcome to the land of the Wurundjeri people). Born in Healesville, Victoria, Joy Murphy Wandin's family never left Wurundjeri land. Joy is the great-great niece to William Barak, the last traditional ngurungaeta of the Wurundjeri-willam clan.

In 2001 Joy collaborated with didgeridoo player Mark Atkins (musician) and composer Philip Glass in the concert work *Voices*, performed at the Melbourne Town Hall and New York's Lincoln Centre.

The composition was commissioned by the City of Melbourne to relaunch the Melbourne Town Hall Organ. Joy wrote the accompanying text which she narrated in four parts with the music in the performance. In 2002 Joy was awarded the Victorian Aboriginal Women's Award for being involved with Aboriginal Issues for thirty years. In 2006 she was made an officer of the Order of Australia "for her service to the community, particularly the Aborigines, through significant contributions in the fields of social justice, land rights, equal opportunity, art and reconciliation".

Joy is Chair of the Wilin Centre for Indigenous Arts and Cultural Development at the Victorian College of the Arts. She was the creative artist for projects and lyricist for the Opening and Closing songs in the 2006 Commonwealth Games held in Melbourne through her consultancy business Jarlo Visions.

How to get involved . . .

- Register yourself and a friend to attend.
- Request the "Talk the Talk Kit" to start your own Interfaith discussion
- Sign up in the website to receive updates and newsletters.
- Ask us to provide publicity materials to distribute at your events.
- Become a Home Stay Host and welcome International visitors into your home for the duration of the Parliament.
- Get involved with our Birrarung Marr event "Walking in each others footsteps making a World of difference". Page 13
- Go to *Pre Parliament Events*. In particular to hear Vicki Clark, Mutti Mutti Woman who produced the DVD "*Knowing Home*" in which Vicki explains the link between her heritage and her spirituality. Woven into the DVD are quite breathtaking images from Lake Mungo country.
When 19 August 09 at 7.30 pm -
Where Holy Trinity Anglican Church
Cnr Hotham & Claredon Sts
East Melbourne . Ph 03 94173341
Free Entry.

**Go to the Parliaments website get
involved.** www.parliamentofreligions.org/

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Psyche's Key is a game with a difference. A Personal Journey. By Lorraine Rodda

The board game is another way to "walk" the labyrinth. It provides the "time in" to focus on what it is your seeking in life. It is an opportunity to gain clarity, to tap into your inner wisdom and creativity. The journey starts with a question, not dissimilar to your intention to walk the labyrinth. e.g

- "What is my artistic journey this year"?
- or
- "What does it look like - to lead the life I want to live"?



The game started with me asking myself the right question, then randomly choosing my key word of courage, the question developed into "What is the courage I need to live the life I wanted to live"? I needed to have courage to discover what ailed me.

During the game obstacles were appearing that seemingly were not relevant. In fact, I was stunned by the strength of the negativity. I went searching within, and in doing so I recalled past experiences where it had taken days, months and even longer to understand the issues that surfaced during my labyrinth walks. I heard a little voice (Lauren Artress's) saying "not to pop too soon."

I was then sitting with it. Not rushing it. Going with the flow of it. I was allowing time for insights to emerge on this journey of courage, to understand what was holding me back . . . on my artistic journey.

My second game, nearly a week later, was my journey of Truth. I needed the courage for deep soul searching, eventually exposing several layers of conditioning - the blockages I was encountering.

Days after the second game I found myself visually on my artistic journey. I was feeling myself creating and the emptiness of not.

I was starting to accept myself as a creative being. The feeling of joy, the contentment of living the life I wanted to live. . . and the happiness

The next step is in the doing. To set priorities. To engage with myself. To do what my soul yearns me to do.

I enjoyed playing Psyche's Key with others at a Game Day hosted by Lisa Shortridge & organised by Kelly Foley at Shepparton. I felt there was a special advantage of playing the game in a group situation, be it with friends or people new to me. It was through the game's structure, its processes and the thoughtful reflections by others that gave me the encouragement to deepen the search for meaning. I endorse the game to others. **Game Kits \$25. Email lgrodda@iprimus.com.au**

About the Game. The prototype game, is best played by 1 player but can be played with more. It does not have winners or losers. As with the Monopoly game it takes several hours to play. Allow 1 hour per player. The basis of the game is to move around the board using a dice & token.

There are steps along the way to draw your attention to areas to be wary, places to strengthen your focus, to affirm insights about resources, ways to clear obstacles. During the game you collect gold nuggets indicating the significance of your journey. They symbolise the blockages cleared. The numerology of the game helps you to connect with your priorities. More on page 18 - Why the name Psyche Key. Page 19 labyrinth pathways as a journey of life.

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Stories from the Veriditas Facilitators Corner. By Lorraine Rodda.

I am constantly inspired by the diversity of ways the labyrinth is enriching the lives of people in our communities. Many of our readers who facilitate labyrinth walks are not members of the Veriditas Facilitators Group so this new section in the newsletter has been created for skill sharing. If you have a solution for labyrinth facilitation, or a question, please join our journey as we walk together to have the labyrinth as an integral part of the communities in which we live, learn, work and play. In this edition I bring a question from the Veriditas Facilitators Network.



Kathy Mansfield, Charlotte New York City who is new to facilitating labyrinth walks and is seeking ideas for reaching out to the homeless. This is her letter.

I just returned from completing the facilitator training in Chartres, France. It was an amazing experience with an incredible group of people from around the world. I never fully realized how many wonderful ways there are to bring the "Labyrinth" back to our communities. I am interested in possibly using the labyrinth with the homeless in my community (and) was wondering if anyone has done any labyrinth work with the homeless population, in what context, and what special needs/suggestions you might have. Thank you in advance for your suggestion and ideas. Email Kathy heron39@aol.com

Carl Shields Memorial Labyrinth - Food Donation Labyrinth - Manitoba Labyrinth Network - make a soup tin labyrinth. Donate tins to emergency food relief centres. This could be an idea for one of the themes of the Parliament of the Worlds Religions.



www.carolshieldslabyrinth.ca/mblabact.htm

Public Action to Deliver Shelter. By Ellen Bintz Meuch.

By Our church hosts the PADS (Public Action to Deliver Shelter) population one night a week and it has coincided with a few of the dates that I have done walks at the church. It was a GREAT experience for me. :) And, I think a few of the guests enjoyed it too.

As in many groups, I found some very strong skepticism. A few folks thought it was voodoo (that was the most serious). One man said he didn't do new age things. You get the picture. I gave my usual explanation of the history, roots, process and left them with an open invitation to come up and join us in the activity center.

A few women came and walked. One found it particularly joyful and said, "I was there! When I was in the center I was in the Holy Land!" She said she would never forget that feeling. One man couldn't finish the walk and told me he didn't realize how tired he was. I found that interesting since most of the folks walk and walk all day long. I think he meant he was tired of the life he was leading.

One guest didn't walk but shared that he was really moved the I had invited them to join with the other people coming to the walk. He said it felt good to be included.

When I did the walk a second time a young man (16 or 17) was there. I had forgotten that he walked the first time-very quickly and didn't appear (my assumption- big mistake) to be taking the experience too seriously. He ran up to me when he saw me and said he had hoped and hoped I would be here. He couldn't wait to walk again.

I didn't have much success in getting them to process as a group. But individually, they seemed to open up. I think (and I am making a generalization here) this population is quite guarded. However, I suppose every group will be different. And, you never know what could happen. I LOVE the idea of having the group create the labyrinth. I bet that would be very powerful.

Email Ellen meuch@msn.com

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"The Labyrinth On The Hill" - World Labyrinth Day . Event

By Trudy Sebaly.

The Labyrinth Society Inc.

Victorian Region Representative.

The Grove Labyrinth Project Jones Park, East Brunswick. At a meeting in May 2008, a band of women who volunteer their valuable services as Custodians of The Grove, a women's wholistic spiritual centre in East Brunswick, shared a vision for "The Labyrinth On The Hill", namely, to have a permanently installed community labyrinth on top of the "Citadel" in Jones Park in East Brunswick, with its sweeping view of the city and Mount Dandenong.



I was invited by the Custodians to come on board The Grove labyrinth train and help out where I can. As a member of The Grove and with a healthy interest in all things labyrinthine, I happily accepted.

With World Labyrinth Day approaching, I thought it would be an auspicious day to initiate the project by creating a five-circuit Santa Rosa labyrinth made with birdseed on top of the "Citadel"; an environmentally free approach to building a temporary labyrinth. And the birds will love it to boot.

So, on Saturday, 2 May 2009, eleven women set out from The Grove's front door on a sunny day, tools in hand, and walked to Jones Park a couple of blocks away.

After having walked the newly created labyrinth, I, and others, believe the site on top of the "Citadel" has proven to be a potent energy point, valuable in its power to heal. Interestingly, the tiered, rocky terraces of the "Citadel" were created with the intention to "... evoke memories of the Greek and Roman ruins of past civilisations found in the home landscapes of Greek, Lebanese and Turkish people who now live surrounding this park. "The historical connection with the mythical Cretan labyrinth is r i v e t i n g .

The next exciting stage of The Grove's "The Labyrinth On The Hill" project is to approach the Moreland City Council with a proposal to build a permanent labyrinth on top of the "Citadel".

About The Grove.

A gathering place to explore personal growth through the journey of being WOMAN is located 263 Nicholson Street, East Brunswick, Victoria.



The Grove is a gathering place on Wurundjeri land created to explore the wholistic nature of women's spirituality. It is a place of welcome to all women. The Grove began in 1991 when two women shared their desire to create a space where women could explore their spirituality through connection to their own story. These two founding women saw a need and followed a dream.

This led them to an attic of a house situated in the street, "The Grove", in East Coburg. From there all that The Grove has come to be for so many slowly developed. It is now well known across Melbourne and beyond. In 1996 it transferred to its present site, on the bend in the road in Nicholson Street, East Brunswick. It continues to attract women of all ages and walks of life to its gentle atmosphere and diverse programs.

For more information about The Grove please go to this website.

www.thegrovecentreforspirituality.com/

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Sacred Hoop. The never ending circle of life, where there is no beginning, and no ending.

By Virginia LoneSky, ThD

TLS Central Regional Representative

Michigan, Missouri, Iowa, USA

Hello my fellow labyrinth enthusiasts! I have been so excited watching you grow, and happy to keep in touch as always. I so enjoy your newsletter... so professional and tons of information! You inspire me to share and add some comments.

Shamanic Medicine Woman - Empowering shifts of abundance.

I am honored to have this opportunity to contribute, to share with all of you, some of my experiences with indigenous teachings and ceremonies on this side of the world, and what I have learned from sacred geometry, on how labyrinths relate to ancient wisdom. - Photo of me in medicine wheel.



Why, because it moves you from third dimensional limits into fourth dimensional possibilities that transcend our Earthly bonds. It contains sacred geometry in its' shape that helps us achieve a place of "no-thing". Often described as a walking meditation, that is another way indigenous ceremonies are similar. Many are done to bring the individual into no resistance, in order for them to receive insight, introspection, and project new direction. To get out of their own way.

When you are at a place of nothing. It is exactly where you can "birth" or create the new. I love the labyrinth because we can experience the energy of the pattern; whether we walk it with our feet, or trace it with our fingers, because we have the same receptors, or acupuncture points on our hands as we do on the bottoms of our feet.

Gathering your own information to form your knowledge base.

I am a trained as a Shamanic Medicine Woman, and I also lead a very mainstream life. I've worked for major corporations as my job, but my "work" was to bridge cultures and communities to continue the work of my Elders. To spread the hope their teachings give; and show people how they can empower themselves to shift into an abundant belief system to sustain themselves in times of turmoil and challenge. To find answers for themselves.

In 1999 I was led to the first TLS Gathering. I walked my first labyrinth outdoors and instantly knew this is what I had been waiting for. A perfect tool to use in the 20th Century that could integrate my indigenous training of how to create sacred space to benefit people and the land. And it could be brought to mainstream cultures and houses of worship. As I like to say, a nondenominational tool that has no limits.

Transcending Earthly Bonds Walking a labyrinth is the closest thing I have ever experienced to creating the same kind of energy that occurs in indigenous/aboriginal ceremonies.

I encourage all of you to continue investigating what the patterns of the labyrinths mean to you. The Chartres labyrinth has had a lot written about it. But certainly not the last word! When I give presentations, or in my Facilitator training classes, I always encourage people to go find out facts on their own to develop their knowledge base. It helps in their presentations of the Labyrinth. AND I am always sure to tell them, "no one person has all the definitive answers as there is no written information left behind on what Labyrinths were used for.... so what you find is just as valid". The Newsletter does just that. Allows people to gather new insights and information to form their own 'belief.

Remember on the Chartres labyrinth, it's only called a 'petal' because of someone's impression; and the sides commonly called lunations because we put votives there; and that's our 20th century observations. There is lots of room for your own interpretations.

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Magnifying Energy.

The Labyrinth Society Gathering presenters have contributed some great insights.

Virginia Westbury, writer and researcher, gave a presentation on how the Chartres labyrinth may have aspects of the planets and stars. How the circuits may have been elements of nature, the moon and sun.

Robert Gilbert spoke on how his background was originally as a scientist, but he had grown into appreciating the aspects of sacred geometry. He talked a lot about the energy created when we are inside sacred shapes. He felt that when we walk a labyrinth, when we get to the center, we have achieved the equivalent of reaching the highest harmonics (of gold).



Ever see people in the middle of a labyrinth not want to leave it? He also spoke of the Platonic solids; all the basic shapes that make up everything in the Universe. Then he mentioned half circles. Since I had a longing to investigate another aspect of the Chartres pattern, all those "half circles" around it, I asked him what purpose half circles had in sacred geometry.

His answer was, "They magnify energy". Viola. The light bulb went off in my head. See those half circles all around Chartres pattern? That resonated with me. That the Masons would imbed patterns to magnifying the energy of the central pattern. Just another aspect worth a thought. That's why I love this shape and symbol. The labyrinth. It's the closest thing to finding one's way into an experience that is nameless. Owned by no one, and still left open for you applying your own experience and research. "There is no right way or wrong way to walk a labyrinth".

Walking Gently on this Earth.



As my Elders encouraged me, may I encourage you. Keep coming together to share your experience and research with others. Respect all ideas and ways. Each of us contains what the other is seeking. In giving you will be receiving from the Sacred Hoop.

The never ending circle of life, where there is no beginning, and there is no ending. As the Lakota tribe says, "Aho, Mitakuye Oyasin". General translation, "We are all Relatives". Journey well, and walk gently on this good Earth.

Photo above is of me with my Mayan teachers, over my shoulder to right is Na Kin - and the Elder to her right is Hunbutz Men



Virginia LoneSky, ThD
Email : Labyrinthexperience@netzero.com
Website: www.PeacefulEndeavours.com
Co-Creator of the ©Grail Goddess Labyrinth.
Ceremonialist, Ordained Minister,
Medicine Woman, Peruvian/Mayan Shaman, ,
Healing Practitioner, Labyrinth Facilitator

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Your Energy, Vision, Creativity and Passion is needed as together we walk to showcase the labyrinth. Join us as we "Walk in each Others footsteps. Making the World of Difference" in Melbourne. on 3 - 9 December 09. By Trudy Sebaly, Geoff & Lorraine Rodda.



"Tribal Dreaming" Forefathers Leaving Footprints". A range of CD's of Multi Cultural Music . www.music-mosaic.com .

<http://www.parliamentofreligions.org/>

An application was made to the Melbourne City Council, under the Street Party Program, to create a labyrinth on the Birrarung Marr. After several discussions with MCC staff and Parks & Gardens we have been granted informal permission and anticipate formal approval shortly. The permission to use Birrarung Marr is without fees and with public liability insurance. The permit requires the land to be returned in original condition. This will involve a small load of granitic sand to be spread at our cost.

Labyrinth Materials. As a result of the above discussions, we have decided the most appropriate material to create the labyrinth is a rich central desert coloured packing sand. Traditional Gum leaves will be used for the connection to spiritual ancestry of the land. We are planning to have a Welcome to Country Ceremony.

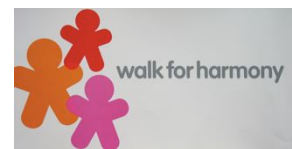
Funding A Special Project Grant of up to \$US 300 is to be sought from The International Labyrinth Society. However, reluctantly there will need to be an **optional** gold coin donation to assist offset costs.

Night Walk. We are unable to use solar lights for our walks so instead could use paper bags with tea lights or 2 litre milk containers cut down. If we go with the recycled milk containers we will need 10 people collecting 3 containers per week. Can yo help us?



Victorian College of the Arts - Wilin Centre

Unfortunately due to changes in the way the Wilin Centre has been restructured, resources available and student's curriculum pressures the Centre had to withdraw its formal involvement with the project. However, at an informal level conversations are being held to obtain permission to create the labyrinth on the Birrarung Marr from Wurundjeri Senior woman Joy Wandin Murphy who is also Chair of the Wilin Centre.



Walk for Harmony Flags, Balloons & Stickers

The successful Walk for Harmony Day, held in Melbourne on the 12th of July, has proved to be a bonus for our cash strapped budget.

We can recycle the surplus flags, balloons and stickers during the PWR Labyrinth Walks. We need only add a labyrinth logo.

Facilitators and Helpers Needed.

We need volunteers to facilitate walks in the themes of the Parliament. We also need others to support our facilitators on the day and, or, to be available to hand out material throughout the Parliament. Suggested times for 1 hour walks :- 7.45am, 12.45pm, 1.45pm, 8.30pm.

Key Parliament Themes are:-

- Healing the Earth with Care and Concern
- Reconciling with Indigenous People
- Overcoming Poverty in a Patriarchal World
- Securing Food and Water for all People
- Building Peace in the Pursuit of Justice
- Creating Social Cohesion in Village and City
- Sharing Wisdom in the Search for Inner Peace

Every hour of your participation will count. Phone 03 56785638 or email your interest to lgrodda@primus.com.au

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Siobhan Christian Catching Up at PWR A NSW Rep. Labyrinth Society.

Hi Everyone! I'm really looking forward to catching up with people during the Parliament of World Religions. It feels like so long since we've been in touch, so I thought I might re-cap on where the path has taken me in the last year...

I went to New York in June to complete training as an Interfaith Minister (ordained by the New Seminary, NY). For those who have seen the Compass program 'Interfaith - The Quiet Revolution', you may recall an interview with Rabbi Roger Ross and Dean Deborah Steen-Ross, Directors of The New Seminary. (This is a photo of me at the Guggenheim Museum New York).



It was an awesome study program which included research into the world's religions, Spiritual Counselling, celebrancy and writing and conducting sermons. Completion of this course culminated in ordination as an Interfaith Minister at the Riverside Church (where Martin Luther King Jr. gave his services in NY). It was the most fulfilling and fascinating course I've ever participated in, and ordination was sublime.

If you are interested, you can go to The New Seminary's website and learn more. Also, for those who are in Sydney on the third Sunday of the month at 3 pm, Australian writer Rev. Stephanie Dowrick (an Alumni of The New Seminary) holds her services at the Pitt St Uniting Church. We would love to see you there! . . . <http://newseminary.org/>

The Labyrinth as an Inter Faith Tool

What I have found is that the Labyrinth ties in beautifully with Interfaith practices and principles (honouring all paths) and frequently makes itself apparent on the journey. I had chosen to sew labyrinths upon my stole for ordination, since I felt this archetype was wonderfully inclusive of everything that Interfaith stands for.



Labyrinths Everywhere.

Arriving at Riverside prior to the ceremony I went into their gift shop and found the labyrinth everywhere! Then during the ordination itself, as I approached the altar, I noticed that the labyrinth was inlaid on the marble floor. It was a perfect moment. It felt as though Universe had conspired in every way to bring me to that point. As Lauren Artress had said to us, clip-clop, one foot in front of the other, heed the call and get out of the way.

As a variety of Spiritual / Religious representatives gave us their individual blessings, Dean Deborah (representing the Goddess religions) leaned in and whispered to me "I absolutely love your labyrinths" and gave me a huge grin. In fact the stole generated much discussion afterwards.



Inter Faith People at The Parliament of the Worlds Religions.

So now that Melbourne is hosting the Parliament of World Religions, a number of people involved in the Interfaith movement will be coming to join us, including Rabbi Roger Ross and Audrey Kitagawa, who was given an honorary ordination for her prolific work as Advisor to the World Federation of United Nations Associations, member of the Toda Institute for Peace and Global Policy Research, the Executive Council of the World Commission for Global Consciousness and Spirituality, the National Council of Global Action to Prevent War, the Executive Council of the Spiritual Caucus at the United Nations, and the World Wisdom Council. She is also a co-facilitator of the United Religions Initiative Cooperation Circle at the United Nations. Audrey is certainly someone to keep an eye out for if you are planning to attend any of the sessions.

I look forward to hearing more about where the labyrinth has supported you.

Meet you again on The Path! Love Siobhan.
labyrinth-lady@hotmail.com

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There is no right or wrong way to walk a labyrinth

There is no right or wrong way to walk a labyrinth.
Just follow the path
and allow yourself to be led
to the centre to your centre.
You leave the outside behind
As you enter this sacred space.
It will wrap you in its spirals
And give you a feeling of peace.
Cast your eyes down
Just follow.

The turns right and left are gentle
You can pause to follow your thoughts.
To listen, or just move on.
It can be slow meditation
or an energetic walk.



But when you have stepped gently
You'll have time
To notice the patterns of nature
Fallen leaves and twigs
Pine cones and needles, a feather,
Clusters of pink peppercorns
You may carry a burden
Whisper a prayer or a hope
Just take it into the centre
Trust it to God
Let it go.
As you retrace our steps
Notice how you are feeling
Maybe lighter - freer
Or maybe nothing has changed.
Then turn at the entrance and pause
Offer a prayer of thanks
A blessing a gift of metta
And walk into your day.

Jo Russell 21/4/05

\$5 Laminated Finger Labyrinths with Poem. A Water Colour Sketch of St Margarets Labyrinth Eltham Email Elizabeth to order
labyrinth@elthamresearchanglican.org.au



Dual & Single Handed Acrylic Labyrinths now available here in Australia.

Doubles
large \$60.00
Small \$50.00
Singles
large \$30.00
small \$25.00



To make an order email Ikia at the address below.

symbologytasmania.blogspot.com.au.

Glass, Painted Wooden Fingers Labyrinths, Canvas walkable labyrinths by artist Cedar Prest of South Australia Please see the website for the range of products.

cedarprest@yahoo.com.au
www.labyrinthlinkaustralia.org



Finger labyrinths made from the finest Australian wood and imported timbers.

By craftsman Neil Nyholm.
Prices range \$A197 to \$A293 depending on size and wood selected.



labyrinthmeditation@bigpond.com &
www.labyrinthmeditation.com

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Help us to build the Labyrinth Locator. Do you know about a labyrinth not listed on our locators?



Labyrinth Link Australia. Cedar Prest, a professional artist and a Veriditas labyrinth facilitator, is hosting the Australian Labyrinth data base. The delight of this directory is that you can access the listing by State or Territory.

To add your labyrinth or to change existing details please use our submission form located in the Labyrinth Directory on the following website www.labyrinthlinkaustralia.org

Worldwide Labyrinth Locator - Keeping connected to the Global Labyrinth Community

This Locator is sponsored by The Labyrinth Society and Veriditas, Inc. through a generous grant from the Faith, Hope and Love Foundation. www.labyrinthlocator.org

Newsletter "Labyrinths Matter"

Your articles for the newsletter and your feedback are most welcome. I am looking forward to meeting you on the path. Lorraine Rodda, 6 Boathaven Grove San Remo Vic 3925 Phone 56785638
Email lgrodda@primus.com.au

Archive Copies of "Labyrinths Matter"

The Labyrinth Network Northwest in USA is hosting "Labyrinths Matter" Newsletter. Look under the resources section. <http://www.labyrinthnetworknorthwest.org/>

Veriditas <http://www.veriditas.org/>

The vision of Veriditas is to activate and facilitate the transformation of the human spirit. The work of Veriditas centers around the Labyrinth Experience as a personal practice for healing and growth, a tool for community building, an agent for global peace and a metaphor for life.

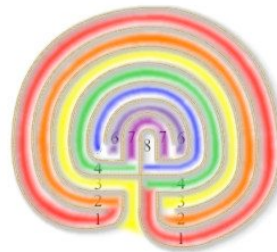
All about building labyrinths, portable canvas, temporary and permanent.

Robert Ferre has a fantastic website where you can find out anything you want to know about labyrinths. He is very generous and a great resource. www.labyrinth-enterprises.com/

Using the Labyrinth: Chakras, Colors and Music & the seven chakras. Sig Lonegren's website:-

www.geomancy.org/labyrinths/using-labyrinths/chakras-colours-music/index.html

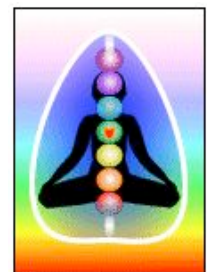
Find out about the connection between the seven paths of the labyrinth and the seven chakras.



There is also a correlation between the chakras and the seven colors of the rainbow. Notice that you don't walk these paths in order from one to eight. The colors don't go Red, Orange, Yellow, Green, Blue, Indigo, Violet.

If you do a chakra finger labyrinth as shown above you will notice that the order of the paths is 3-2-1-4 / 7-6-5-8. I put a slash between four and seven to show you that this is a pattern that repeats itself twice: 3-2-1-4 & then 7-6-5-8.

Sigs website has a wealth of information. For example you can learn how the labyrinth pathways are also reflective in the chakra colours and hear music notes too.



Start with **C=1, D=2, E=3, F=4, G=5, A=6, B=7, C'=8.** (C'=C above middle C.)

You now have the music of the labyrinth! The notes of the 'song' go **E, D, C, F / B, A, G, C'.**



Now you have the rhythm go to Sigs website and find out how to do the Appleton Labyrinth Dance. Its a fun dance for young and not so young ~ ~ ~ ~ ~

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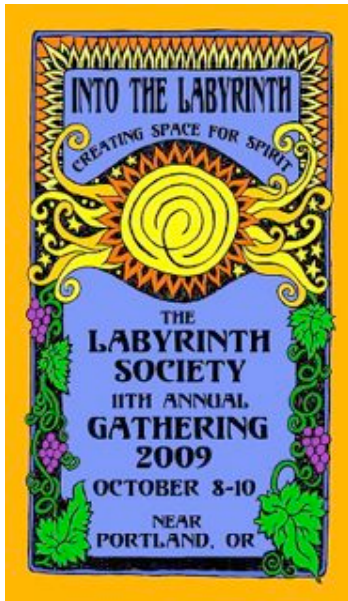
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TLS Annual Gathering

Into the Labyrinth: Creating Space for Spirit

Troutdale, Oregon USA 8-10 October 2009

Prepare to be inspired as we gather to explore and share the diverse ways we experience the labyrinth in our global community.



This year's theme, Into the Labyrinth: Creating Space for Spirit, inspires participants and presenters alike to embody the presence we call Spirit and the multitude of ways we express our connection to That.

Sound, movement, & pattern are all forms born out of the impulse to co - create with Spirit.

We invite you to bring your own expression of the Mystery into the profound spaciousness of the labyrinth.

McMenamins Edgefield is a delightful and creative feast for the senses. An historic Poor Farm has been transformed into a vibrant and stimulating art-filled destination resort where visitors are charmed and rejuvenated. From rockers on the porches to meadows, vineyards, gardens and spa pools, this is a quintessential expression of the Pacific Northwest. Guests are invited to explore and interact with the farm's lush surrounding in creative, playful and spirit-filled ways. With fantastic food, whimsical room décor, on-site winery and brewery and expansive views, McMenamins Edgefield offers an unequalled space for labyrinth lovers to meet in the Fall of 2009 and explore the notion of creating space for spirit.

Registration & accommodation contact Paula Hills: by Email registrar@labyrinthociety.org
Gathering program go to this website.

<http://labyrinthociety.org/annual-gathering-detail/detail/930-the-gathering-schedule>



Featured Speakers.

Lea Goode-Harris, PhD is the founder of the *Santa Rosa Labyrinth Foundation* and creator/designer of many contemporary and traditional labyrinths, including the *Santa Rosa Labyrinth*. She brings the passion of a gifted speaker

to her current work which centres on the creative exploration of Spirit and Self through writing and art as its expressed within the form of the labyrinth. How do we recognize the grace of spirit in the winding path of the labyrinth? Is the Labyrinth a mirror for spirit? How does our attention to the moment celebrate the ancient and sacred marriage of form and spirit? Through imagery, story, and the wonder of curiosity and exploration, Lea will invite us to ponder these and other questions as well as celebrate the beauty found in the dance of spirit in the diversity of the labyrinth.



Jim Buchanan, renowned landscape architect and artist based in Scotland, whose work pushes the boundaries of form, connecting the spiritual aspects of walking the labyrinth with the creative act of designing and constructing them.

Jim will share his experiences on the interplay between drawing, walking and making labyrinths. His most recent works involve light projections and reflections of labyrinths, some of them in water.



Ronald Esquivel, native of Costa Rica, is an architect, sacred geometrist, metaphysical teacher and labyrinth enthusiast. Ronald will discuss the effects of labyrinths on certain types of intentions & sicknesses, and why some may work better than others. Finally, he'll show a revolutionary

project – presently under construction – based on energy structures dowsed/found on the site along with the labyrinth and paths designed around them to produce a subtle yet profound energetic experience: a spiritual theme park.

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Change Birth Through Birth-Art Activism Call for Birth Art Submissions .

Contact Us art@birthingfromwithin.com



Picture is Worth a Thousand Words:
Change Birth Through Birth-Art Activism!
By Pam England

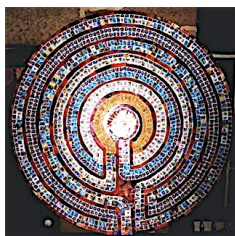
A few years ago I was talking with a friend, Rob Leland, who was puzzling over why one of China's top officials was given a new appointment to oversee art in China. At first it seemed like a demotion to him. But then Rob realized that the arts (in her many forms: visual, poetry, novels, music, advertising, dance, theatre) are underestimated agents of change in society. To control collective change in China's values, certain messages sent through art would need to be monitored and possibly censored. It was at that moment I realized for the first time that birth art was more than a process for self-discovery, it is an under-used and powerful form of activism. Please read below about our call for birth art submissions--another way for YOU to change birth in our culture! ~ Pam England, Author of Birthing From Within

www.birthingfromwithin.com/BirthArt

Finding the Artist Within

By Ikia Mark Healy A TLS Tasmania Rep.

My family and I created this finger labyrinth using recycled postage stamps. Total cost of \$3.00



In this period of Global Healing - with the theme of Transition and a focus on Creativity - I float the idea of having an Annual Sacred Art Exhibition. e.g If there interest out there I would **love to have feedback.**

I would also encourage the use of recycled materials with the number of entries open. We could have different categories i.e. mosaics, oils, pastels, op shop bits and pieces, glass, enamel the choice is endless.

Email me at this address.

magicpathman@yahoo.com.au

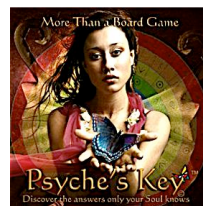
Things of Spirit.

www.thingsofspirit.vpweb.com.au



Kerry Foley, of The Little Shop of Harmony and Dr Lisa Shortridge, of Tools for the Soul, both located in Shepparton, have directed their creativity to establish a website to enable the community easy access to classes and events that they are hosting. The duo are dedicated to build a happy and harmonious, co-operative, spiritual and caring community in their City.

The non-denominational focus of their work is to provide a variety of classes and activities which are aimed at increasing well-being and life skills to be more aware that we are all Spiritual Beings having a wonderful Human experience.



The Myth of Psyche - Psyche means "Soul in Greek" and the butterfly means "Transformation". A great name for the labyrinth board game.

By Nyhs Glover, Inventor

Psyche is the only human that was ever granted immortality in Greek Myth. She was a beautiful woman who drew the attention of Eros the God of Love (Cupid). Her doubts led her to lose Eros and she then attempts to get him back. As part of her task she had to journey into the Underworld and bring back a box for Aphrodite.

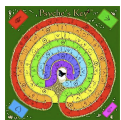
Her vanity leads her to open the box and she falls asleep in the Underworld - a certain death sentence. But Eros finds her and rescues her and Zeus, the father of the Gods grants her immortality because of her great love. Psyche means soul in Greek. And the butterfly, the image of transformation is her symbol. I like to add an extra part to the story. Psyche, the immortal, still aware of the frailties of being human, places a key in the centre of a labyrinth. Anyone brave enough to venture to its centre for the key will find the answer to their most important question. The question that only the Soul knows the answer to... **Page 19 read about the colors of the paths**

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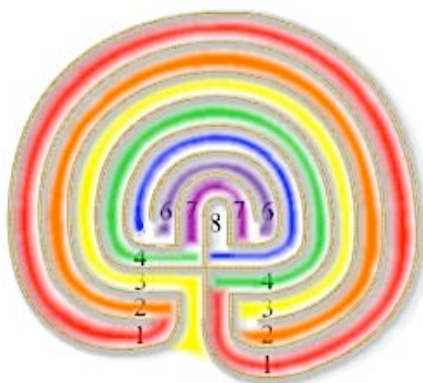
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Psyche's Key
As it applies to your life cycle.
By Nhys Glover. Inventor.

The games process reflects the journey of Life. The Centre is Oneness or the Soul /Spirit. When we are born we are still connected to that Oneness. Very young children see the world as an extension of themselves. They are egocentric and maybe they're right.

The colours of the life cycle, as you walk the labyrinth, enter at level 3 and is the colour yellow. The "Birthing Within" website on page 18 - Gifts Section - has the same order of colour. It is described for the cycle for the life of the baby before birth. Note: Some labyrinths use red for the colour of entry at level 3. The diagram on the right is from Sig Lonegren's website page 16.



1st Level So, as I see it, when we come into this world we are half way home. As we grow we adjust to life on earth. We start to distinguish between ourselves & others. We enter duality.

2nd Level We learn what we need to co-operate with others; that our actions impact others, that they aren't us. And we learn that if we want to meet our needs, we have to be 'nice' and 'share'.

3rd Level By the time we reach our teens we're becoming totally individualised and separate. We discover all the issues associated with Level 1 - power, sex, anger. Parents complain how uncooperative we've become. But we're searching for an identity we can call our own.

4th Level Through the teenage years we become an young adult, fall in love and start a family. We connect with our heart in a way we never have before. The partner and the children open the adult's heart that has been closed by the process of individuation and separateness in Level 1 and 2. Anyone who has been in love knows how similar this experience is to the higher state of Ecstasy. Once the heart is open, movement into higher levels of Being can commence.

7th Level is very controversial. Using Eastern Traditional paradigms, the 3rd Eye Chakra needs to be opened before the Crown. The 3rd Eye is 'lesser' quality than the Crown, which is our connection to our Higher Source.

The Third Eye is associated with the etheric levels. This is how we access other's psychic energy - i.e. ESP and other levels of existence such as the Astral Plane. There are many gifted Psychics who have a natural ability to activate this Chakra. If they haven't worked on accessing the Crown as well, then what they have to offer is awesome but not wise. They are limited in the levels they can access. The knowledge they can access.

6th Level This was the hardest one to explain. The throat Chakra is probably the least 'important' to most people. It relates to our ability to communicate and we often under-value it even though it's a very difficult skill to master. The reason for its difficulty is our perceptions of the world. We all see what is around us in different ways, through different tinted lenses, if you will. Our belief systems, our expectations, our assumptions, all influence this world. So, when we use a common language to communicate our feelings or thoughts, we often hit an invisible wall. I may take for granted that when I use the word 'love' you will interpret it the way I mean it - see it as I see it. But that just isn't true. Words mean something different to all of us.

5th Level This Chakra's colour is a clue to its deeper significance to be found here. The Blue Buddha is associated with the mirror image - the outer world as a reflection of the inner. So this level is a bridge, just as Mercury, the messenger of the Greek gods was a bridge between the earth and the gods. When we connect with this level of our Being we suddenly stop seeing everything as me and them. We see the differences - we 'get' what we came here to experience - an understanding of our uniqueness, but we also see that it is all 'us'. Uniqueness within the Whole.

Go to this website to view a video of the game
www.thejourneywoman.info/pkey.html
Email Nhys nhysglover@gmail.com

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Building the Network - Come Walk With Us Lorraine Rodda TLS Australian Representative.

"We sat side by side in the morning light & looked out at the future together"



www.storypeople.com

Firesouls.

Behind each sacred space is a firesoul, a word used by TKF to describe the people who are the sparks behind the creation of sacred spaces. The firesouls' passion and vision are the driving forces behind nurturing the sacred spaces from idea to reality. Their energy, enthusiasm, patience and persistence inspire communities to come together around the creation and use of public green spaces. This is the TKF website

www.openspacesacredplaces.org

Are you a "Firesoul" ?

Then you maybe interested in joining the team as we walk towards the labyrinth being an integral part of the communities in which we live, work, learn and play and walk with us as we create our Australian labyrinth centre.

To cover a whole State or Territory is a big ask but if we develop "Region Firesouls" then we can make a difference within our community of influence. If you feel you can contribute an hour or two a month contact a Region Representative. If you would like more information go to the TLS website

<http://labyrinthociety.org/regional-reps>

Victoria Fire Souls

Geoff Rodda - San Remo
groddabdav@primus.com.au

Trudy Sebaly - Ascot Vale
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Yet :) Any volunteers?