



## Experiencing Prayer

This is a day of renewal where you will explore various ways of deepening your relationship with God.

### **Keynote: Opening up Possibilities with the Labyrinth.**

Peg Edera, spiritual director and trained labyrinth facilitator, will give a background on the labyrinth and talk about ways it can be used for prayer by individuals and groups. A labyrinth will be available throughout the day.

**Workshops** will include opportunities to learn about and practice various ways of praying including contemplation, healing prayer, and *lectio divina* (prayerful reading of scripture).

**Date: May 1, 2010**

**Time: 8:30 am to 4:00 pm**

**Location: St. Andrew Lutheran Church**

5607 NE Gher Road  
Vancouver, WA. 98662  
(360) 892-7160

**Cost:** \$20 per person (pre-registered) \$25 at the door

The cost of registration includes workshop materials, coffee breaks and lunch.

Bring a prayer journal if you have one. Journals and books will be for sale.

**Registration: Deadline April 23, 2010**

Name \_\_\_\_\_

Email or phone: \_\_\_\_\_

Address \_\_\_\_\_

Congregation \_\_\_\_\_

Please send registration to St. Andrew Lutheran Church. Write the check to St. Andrew Lutheran Church and put in the memo line "Experiencing Prayer."

*This event is being hosted by the congregation of St. Andrew and the Community of Lay Ministers from the Southwest Washington Synod.*

