



*“Much of the future of the West depends on whether Christianity can rediscover its mystical core. In this rediscovery, Lauren Artress’s pioneering work using the labyrinth as a tool for self-alignment will be crucial. Artress brings to her work a marvellous non-nonsense vigor and real exultation.” (Andrew Harvey)*

**THE LABYRINTH:  
WALKING A SACRED PATH**

**LAUREN ARTRESS**

**10<sup>TH</sup> MARCH 2011,  
9AM TO 3PM**

**Facilitator: *The Reverend Lauren Artress, President and Founder Veriditas, The Voice of the Labyrinth Movement San Francisco, California, USA***

Lauren received her Bachelors Degree in Special Education at Ohio State University, her Master’s Degree in Education at Princeton Theological Seminary and her Doctor of Ministry Degree in Pastoral Psychotherapy at Andover Newton School of Theology. She trained in psychodynamic psychotherapy at the Blanton-Peale Graduate Institute at the Institute of Religion and Health in New York City and held a private practice there from 1974 to 1986. She holds an honorary doctorate from The California Institute of Integral Studies and the Gandhi, King, and Ikeda Peace Award for her work in bringing people together in creative, peace-giving ways. She is on the Editorial Board of Presence Magazine, a publication of Spiritual Director’s International.

**Cost: \$98 (includes morning tea and lunch)**

**Numbers strictly limited—be quick to reserve your place!**

Bookings to:

[gfirm@anglicanbrisbane.org.au](mailto:gfirm@anglicanbrisbane.org.au)

[Tel: \(07\) 3835 2231](tel:(07)38352231)

**ST JOHN’S ANGLICAN  
CATHEDRAL, BRISBANE**

PRESENTS A SPECIAL EVENT...

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WALKING A SACRED  
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PLEASE COMPLETE AND RETURN TO:

**Lauren Artress** is a Canon of Grace Cathedral in San Francisco and author of three books on the labyrinth. Her first book was instrumental in launching what is now known as The Labyrinth Movement.

Her work includes speaking on the contemporary spiritual issues we are confronted with in our daily lives. Laurance S. Rockefeller recognized her visionary work and he funded her creation of **Quest: Grace Cathedral Center for Spiritual Wholeness** in 1987. It was out of the spiritual programming she did through **Quest** that she taught herself large group spiritual work. This work eventually led her to the labyrinth.

She founded a non-profit named **Veriditas, the World-Wide Labyrinth Project** in 1996 to “pepper the planet with labyrinths”. Her office is located in **The Presidio** in San Francisco, California. Lauren is an Episcopal priest, spiritual director and licensed Marriage and Family Therapist in the State of California. She offers **Spiritual Direction, Life Coaching** and brief psychotherapy in her home office or by phone. She offers couples’ therapy to those



**Lauren writes**

*My work began with the labyrinth in 1991 and since that time, my gifts in public speaking, leading workshops and guiding others have been able to come into the world in new ways due to this life-changing practice. Over the years, I've come to understand the labyrinth in many ways. I've lectured on it as a walking meditation, a path of prayer and a dynamic tool of manifestation. It certainly is a watering hole for the Spirit. The labyrinth meets you where you are, gives you what you need and connects you to an invisible web of relationships that opens you to be of service to others and to the planet. The labyrinth has been a major force of change in my life and I choose to be part of the invisible web of people in service to others and to our ailing planet.*

**AN OPENING OPPORTUNITY - NOT TO BE MISSED**

Cathedral Activity Facilitator:  
Gerard Finn—Tel: (07) 3835 2231

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