
Sacred Dance Fall 2013



Sacred Dance Traditions:

Inspired by Saints and Angels

with Jane Rickenbaugh, Instructor

Jane Rickenbaugh

M.A. is a dancer and choreographer who has taught at Clackamas Community College, Marylhurst University, Warner Pacific College, Mt. Angel Abbey and Monastery of the Ascension in Idaho.

Guest Artist:

Susanna Lundgren, cantor and art historian has taught sacred music and art at the Monastery of the Ascension in Idaho, in area colleges for 22 years, and recipient of 2011-2012 Excellence of Teaching award at Warner Pacific College.

Tuesday Evenings

October 1 - December 3, 2013

NOTE: No classes October 29 and November 26, 2013

7:00 – 9:00pm, Kempton Hall

\$60 General, \$54 Trinity Members

In this class we will explore historical dance traditions inspired by saints and angels. The labyrinth will guide our steps as we celebrate the Holy Seasons. Dances of Advent and Christmas will be included. The series will conclude with our Christmas Carol Dance Festival on December 3. People of all abilities are welcome. Wear loose clothing.

To purchase tickets, please send this section with a check made out to:

Trinity Episcopal Cathedral

147 NW 19th Avenue, Portland, OR 97209.

Or contact Shannon Tilton at (503) 478-1223 or e-mail shannont@trinity-episcopal.org. Please indicate number of registrations.

Course: Sacred Dance Fall 2013 \$60 General Adult \$54 Trinity Member

Name _____

Address _____

City _____ State _____ Zip _____ Phone _____

Visa/MasterCard # _____ Expiration Date: _____

Signature: _____ Security Code: _____

Email: _____

Sacred Dance Winter 2014



Jane Rickenbaugh M.A.

is a dancer and choreographer who has taught at Clackamas Community College, Marylhurst University, Warner Pacific College, Mt. Angel Abbey and Monastery of the Ascension in Idaho.

Guest Artist:

Susanna Lundgren, cantor and art historian has taught sacred music and art at the Monastery of the Ascension in Idaho, in area colleges for 22 years, and recipient of 2011-2012 Excellence of Teaching award at Warner Pacific College.

Dancing a Trinity of Sacred Themes

with Jane Rickenbaugh, Instructor

Tuesday Evenings

January 21- March 18, 2014

NOTE: No class February 4 & 25 and March 4, 2014

7:00 – 9:00pm, Kempton Hall

\$45 General, \$40 Trinity Members

January 21 & 28: Our first month, we will contemplate the dance within, preparing the soil of our soul for the fruitfulness of the New Year.

February 11 & 18: During the second month, our dance will explore healing paths.

March 11 & 18: In the third month, we will seek our unique rhythm, perhaps to find a deeper understanding of the dance within.

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Sacred Dance Spring 2014



Dance Into the Message of Easter

with Jane Rickenbaugh, Instructor

Jane Rickenbaugh

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Guest Artist:

Susanna Lundgren, cantor and art historian has taught sacred music and art at the Monastery of the Ascension in Idaho, in area colleges for 22 years, and recipient of 2011-2012 Excellence of Teaching award at Warner Pacific College.

Tuesday Evenings

April 1 - May 6, 2014

7:00 – 9:00pm, Kempton Hall

\$45 General, \$40 Trinity Members

In our dances leading to the Easter Season, we will listen for wisdom in the stories of saints and angels. Remembering the past and graced by the present, we will dance the joy and promise of spring and rebirth. People of all abilities are welcome. Wear loose clothing.

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Course: Sacred Dance Spring 2014 \$45 General Adult \$40 Trinity Member

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Sacred Dance

with Jane Rickenbaugh, Instructor



Fall 2013: Sacred Dance Traditions: Inspired by Saints and Angels

Tuesday Evenings, 7 - 9:00 pm

October 1 - December 3, 2013

NOTE: no classes October 29 or November 26, 2013

Kempton Hall

\$60 General, \$54 Trinity Members

In this class we will explore historical dance traditions inspired by saints and angels. The labyrinth will guide our steps as we celebrate the Holy Seasons. Dances of Advent and Christmas will be included. The series will conclude with our Christmas Carol Dance Festival on December 3. People of all abilities are welcome. Wear loose clothing.

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Guest Artist:

Susanna Lundgren, cantor and art historian has taught sacred music and art at the Monastery of the Ascension in Idaho, in area colleges for 22 years, and recipient of 2011-2012 Excellence of Teaching award at Warner Pacific College.

Also look for Winter and Spring Classes!

Winter 2014: Dancing a Trinity of Sacred Themes

January 21- March 18, 2014

NOTE: no class February 4 & 25 and March 4, 2014

\$45 General, \$40 Trinity Members

Spring 2014: Dancing Into the Message of Easter

April 1-May 6, 2014

\$45 General, \$40 Trinity Members

**To register, call (503) 478-1223 or
e-mail shannont@trinity-episcopal.org**

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