

Dear Subscriber,

08/07/2015

Welcome to August



It is the month of renewal and relaxation or a month to scurry and use it up well realizing it as the last month of summer. Getting the most out of the month might mean squeezing in that last vacation, finishing a project or just being outdoors more often to enjoy the abundant weather that is surrounding us. It is a month without holiday or celebration traditionally so it might be

considered unencumbered with obligation.

It may also be a time to lay back, ponder and just soak in the last rays of summer. It can be a time of questions, just wondering if, how, and too often... when or what? In the repose of rest we can ask questions and not rush to discover, rather we might allow it to be simple curiosity. Perhaps this month, ponder the questions to walk one and develop for future consideration in the coming walks and days in the remainder of the year. Like a child... be curious.

"Asking is an education."

Photo image @myfrenchlife.org

Something different....



I tend to share ideas, thoughts and experiences that come from my relationship to the labyrinth. I also share the occasional story that our readers generously take the time to send on about their experiences in the news. This month, I ponder curiosity and thought it might be quite valuable for us all to explore the art of questioning together. It seems to me that so many are evolving in spiritual understanding and in my travels I find more are ready and willing to openly speak of internal feelings in external ways.

Evolution is happening and we are growing, though if we stay silent we aren't growing as much. Asking questions is a wonderful way to open communication and inspire a dialogue that we can all benefit from. Simply reply to this email and share a moment of what occurred when you did question and we will all benefit in knowing!

To become more educated... ask. What confuses can become clear!

Photo Image@jigsawjunkie.com - The Labyrinth of Life Jigsaw Puzzle

The Quest of Questions

Below our simple questions that people are often curious about. Read and walk on any of the question suggestions and note if it invokes curiosity and if sparks a solution or stor. Perhaps it solves something for you, leads to a direction or simply prompts a response. Please consider sharing your discoveries for our next mailing... it is but a click of the reply button and voila, you move from consumer to contributor ... and we all are so appreciative of other view points!



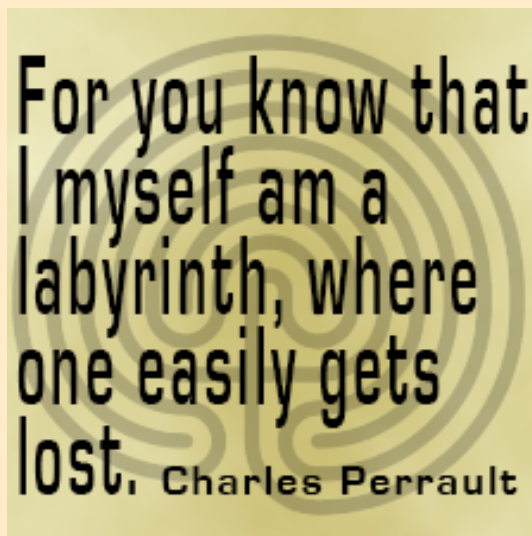
What's My Purpose?

So many move through a lifetime considering what their purpose is, grabbing onto someone else's idea because they are unclear about their own. This month perhaps walk to seek the purpose or walk to contemplate your gifts, talents or skills. Walk further to understand what feels as if it matches you in sharing those abilities with the world?



How do I?

So often asked when the internal mind and soul are on vacation... the How is answered in Hundreds Of Ways. If you don't know and stay still it will never be understood, yet if we take a step we have a beginning, if we take another step we have a deliberation and if we keep going we will get a result. Walking the labyrinth provides us a path for our steps and a way to unwind the mind...



What if I fail?

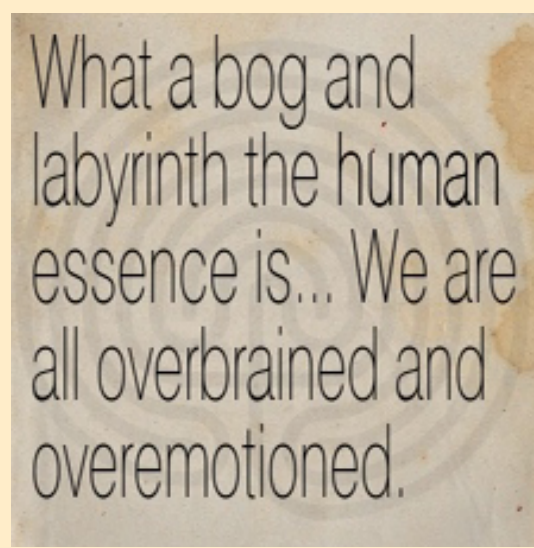
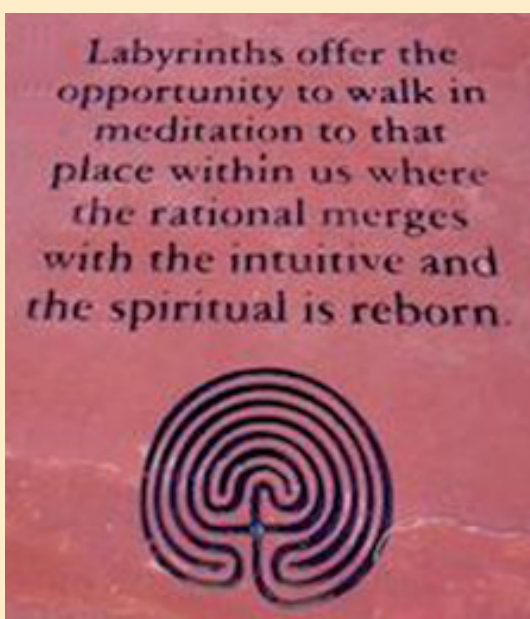
It's a timeless question that teaches us many things. Consider any one thing of importance in your life right now and ask this question. Consider future endeavors and ask again... It ought to be an interesting walk with you, the path and your curious mind.

What is my truth?

When we walk in life, how much of it is in the truth that our soul speaks and how often are we diverted from it by well meaning or perhaps not so well meaning others? Walk on this and notice whether your results are in alignment with your truth. The labyrinth tends to speak our truth to us all the time, so in this we have a companion of the path in our journey.

Am I satisfied?

Just asking might give us an answer on one level and walking the labyrinth might give us more depth. However as you walk on this question consider all



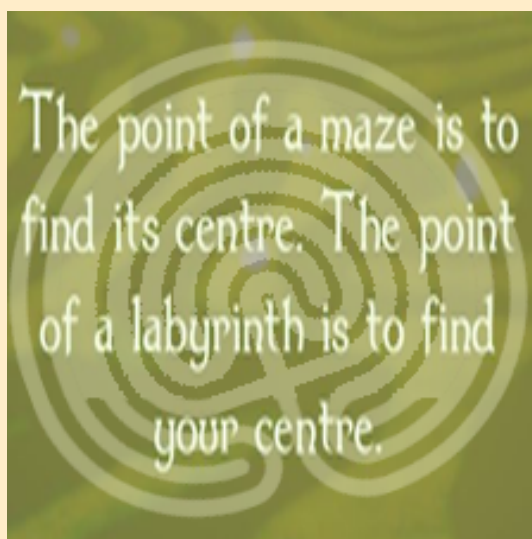
the ways you might be satisfied, what quells the hungry spirit? When

do we have enough?



Why am I here?

This might be the age-old question again if it weren't for a bit different consideration. Add the word *again* to the end and see if it prompts a different walk. Add the word *now* at the end and see if it diverts your path. Explore your existence in time and space and see where it takes you.



What am I looking for?

Another of the age-old questions... though cultivate this a bit differently. Perhaps you might liken it to memory. Maybe it is when you are lost and a reminder about what you are truly looking for in the moment of your search. Instead of such a broad range question, simply narrow it down toright now.

When?

Let this be a search of time. With the first thing that comes to mind... ask when and walk to discover. With what next comes up, ask again... when. Walk towards your discovery. Continue with your questions.



Let your discoveries and findings this month yield you a treasure trove of answers, ideas and inspiration for now and for the future. In this I hope that you ask more questions and help the silent epidemic of not asking, slip away.

Enjoy the Journey of

August 2015



Wishing you a joyful month of curious discovery, perhaps a tad of playfulness in your search and heaps of meaningful experience to further the quest of questions. I ask questions and I ask a lot. I find that as a world we are silent to many of the very important truths that face us daily. To build better communication in the world is to ask questions and in doing so we create an awareness and inquiry.

May you share your experiences in questioning this month and may we all benefit from the abundance of the experience that is found within the heart of this very 365 club.

Your fan and fellow walker in the world,

Lynda Turloukis
Chair, 365 Club, Labyrinth Society

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