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A Gift from Nature Come Create With Us this Summer.

Give yourself, your family and friends a treat this summer by discovering more about this ancient pattern found over 4000 years ago on most continents of the World.

Find out how the geometric principles of the labyrinth are reflected in nature, the human body and our solar system.



By discovering the art and in creating this ancient pattern you become aware of your reconnection with nature and self; adding to your feelings of well-being and vitality.

If you are interested in creating a "A Gift from the Sea Labyrinth" during the Australia Day Weekend this summer on Phillip Island or San Remo please contact Lorraine & Geoff Rodda

Email <u>Igrodda@iprimus.com.au</u>

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Inaugural Victorian Labyrinth Gathering 18 October 2008 By Trudy Sebaly - Gathering Chairperson



St. Margaret's Uniting Church, Eltham

It started with one person's quest: to share a labyrinth gathering with like minded people who are creating and working with labyrinths within communities and hospitals to come together and share their unique experiences of all things labyrinthine.

Well, the Reverend Libby Delbridge of St Margaret's Parish in Eltham finally got to experience her ambitious goal on a warm Saturday in Eltham where 55 people gathered at St. Margaret's Anglican Church for the Inaugural Victorian Labyrinth Gathering to listen, reveal, build, laugh, play, share food, dance, sing, draw and walk labyrinths.

Keynote speaker, Libby Delbridge, enlightened everyone with her passionate and informative speech titled "Untangling Ourselves", describing low to high level states of consciousness that one may experience while walking labyrinths.



The Rev Libby Delbridge

Elizabeth Cerda Pavia, Labyrinth Facilitator, gave a delightful talk of the inception and creation of St. Margaret's labyrinth and her involvement with the project; highlighting a garage sale was held to raise money to buy the river stones to create the labyrinth.





Elizabeth Cedra Pavia

Carol McDonough

The "grandmother of labyrinths", Carol McDonough, spoke of her 30 year journey with labyrinths, including her involvement to build Victoria's first labyrinth at Canaan, St. Andrews Beach. She brought her heritage tunic along for it has been worn at many labyrinth events around Australia, linking each one with the next as it now has done for this occasion.





Trudy Sebaly, Gathering Chair introducing Robert Ferré

With his generosity, Robert Ferré, a leading international figure in the labyrinth revival and the founding member of The Labyrinth Society (TLS), offered to speak of his experiences of setting up a membership organisation for labyrinth enthusiasts and the consequent emergence of TLS, which is in its tenth year.

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Entwining Walks With Talks

St. Margaret's has a lovely eleven course stone Chartres labyrinth that was given primary exposure during the day so that all who attended could meander and weave the experiences of their journeys at their leisure.



The gathering created its own rhythm and flow, holding the perfect space for people to explore reflective labyrinth walks, cheerful networking over coffee and cake and observe artwork exhibited by fellow gatherers.





In the afternoon, the congregation unfolded into five explorative workgroups:

"Spirituality – Healing, Contemplation and Prayer" facilitated by Fr. Michael Hansen, Retreat Master at Campion Ignatian Spirituality Centre, Melbourne, exploring spiritual exercises and guided walk through the labyrinth "Exploring Spirituality" facilitated by Elizabeth Cerda Pavia, reflections on spiritual poetry.





"Design & Build a Labyrinth" facilitated by Geoff & Lorraine Rodda, combining nature's own tools: flowers, bird seed nuts and stones.









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"Creative Responses to Labyrinths" facilitated by Creative Arts Therapist, Judy Arce Scott, participants talked about how they felt inspired creatively by their experiences of labyrinths, then experimented with inventive movement and singing. Lastly, Individuals expressed themselves through pastel and charcoal drawings.





Art works on display included these beautiful pieces by artist Peta Verrocchi. Peta will have an exhibition of her work early in 2009





The finger labyrinths below are made from the finest Australian and imported timbers. The labyrinths replicate the original pattern in intricate detail using the latest computer controlled technology and the handcrafting necessary for a high quality finish as a lasting treasure.

For more information contact Neil Nyholm www.labyrinthmeditation.com



"Storytelling" facilitated by Sue Oakley, Labyrinth Facilitator (2002)

A popular activity and an important part of the labyrinth journey's is the story telling. A great time was had by all with many personal journey's as diverse as those telling them



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All Good Things Never End

Later in the afternoon, gatherers formed a circle of friends in the heart of St. Margaret's mud brick hall, beautiful in its earthy and unsophisticated spherical design. We were led into chant by Christina Green who played traditional hand drum and accompanied by Peta Verrocchi on flute and Kevin Tims on bongo.





Christina Green

Peta Verrocchi and Kevin Tims

Hand in hand we walked

We then walked, hand in hand, spiralling into the centre of the room and into the centre of our hearts, singing the serene words of a song written by Judy Arce Scott:

We walk a path from ancient history We walk this way to find serenity Peace to you Peace to you © Judy A. Scott 2008





With wine glasses raised, with Michael Yeend as toastmaster, we celebrated our shared journey and toasted all gatherers and supporters who helped launch the first of hopefully many Victorian labyrinth gatherings to come.

"...the power of the world always works in circles, and everything tries to be round."
- Black Elk



Reflections from the Gathering - In the beautiful Labyrinth Journal created by Elizabeth Cerda- Pravia included . . .



- What a great event. Among friends. A great flow, planning paid off look forward to more (smile) Thank You.
- I found the gathering to be a joyous celebration, I personally had a very profound experience on the labyrinth. Today has been quite beautiful.
- Thank you so much for organising such a special day. A lovely feeling to it and I learnt a lot.
- Thank you so much for a really wonderful day. I feel taken care of and engaged with all the activities.
- Enjoyed all the things to do, Found workshops very informative and hands on. Sharing food is always a joy at these G a t h e r i n g s .
- I loved the day very well organised a beautifful experience. Congratulations and thank you. I worked on building the labyrinth and found it enlightening.

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Reflections continued . . .



- Wonderful day. Gentle, peaceful, unhurried and creative. Thank you for sharing your talents and vision lets keep making labyrinths.
- My first labyrinth. I arrived shattered. I leave soothed. Instant comfort. Complete trust. Inviting warmth abounds. Privacy respected. Sharing appreciated. Wholesome nourishment. Abundance of love and just what I needed. I yearn for the next time. Pure joy. Thank you.
- A delightfully refreshing morning my first hands on (feet on) labyrinth experience.
 Such a wide variety of interesting and committed enthusiasts All Blessings for the future.

A Decade of Commitment - A Quiet Achiever A Tribute to Robert Ferre By Lorraine Rodda



How often do you hear the word amazing and labyrinth used in the one sentence . . . When I considered the "labyrinth" journey we are now sharing around the World and reflected on both the American and Australian experiences I saw how the newsletters have been part of "threading" our way, finding our "labyrinth centers and the knowing" and going forward with a greater understanding.

A Celebration of New Beginnings

Roberts "labyrinthine" journey is one that we celebrate today. A constant throughout the 10 years Robert was a key person in establishing The Labyrinth Society Inc and holding the Inaugural Labyrinth Gathering in his home State of St Louis USA in 1998. So, with much synchroncity, we were delighted Robert was here in Australia when we celebrated the first of our beginnings with an Inaugural Gathering in Victoria.



Robert Ferre has an impressive labyrinth journey over the decade demonstrating his passion, commitment and his caring. Robert has been there for the long hall - creating labyrinths, and generously providing the knowledge to others. Robert is a quiet achiever whose special qualities empower individuals and organisations so that they may reach their full potential.



Thank you Robert for being the person you are, for your vision to build an international organisation and your leading the way to have labyrinths in health settings. It is through your initiatives that our pathway has been enlightened "Down Under". Blessings to you on your journey as we keenly await your return in 2009 . . .

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The Atlanta Gathering - The Centre Of My Labyrinthine Journey. By Nhys Glover. 1st TLS Representative in Australia.

Feeling at home amongst the crowd - My life changing experience!

I'm back from the Gathering and inspired. The evidence of networking, across the World, was obvious right from the beginning as my room-mate Kay Keneally knew me as soon as she saw me and was ready to greet me as a friend. Kay's Labyrinth Network North West hosts the Australian Newsletter. It was also wonderful to feel 'known' in amongst the crowd. Robert Ferre was very welcoming too and we discussed Australia quite a bit over meals.

Many trials and tribulations on my way in - so much - fear

I was quite scared about trying to find my way around a big american city. Everything went fine until I got off at Doraville station. I was expecting a quaint southern town, what I got was a dot on a highway. There were no taxis and I didn't have a clue how to get to the Retreat. I desperately wanted a coffee and some food and it was sooo hot! 76 F whatever that is in celcuis and I was rugged up for winter dragging my luggage along the highway I looking for some place that looked safe.

I asked a woman where the shopping centre was and she fobbed me off onto this middle-aged black man who led me off over the hill. Part of me was going....oh oh what AM I doing?!!! but I was so zonked and scared I just followed along. Eventually he led me to a 'Waffle House' and very much a 'black' diner. He also panhandled me - hit me up for money for a 'poor homeless man'. I gave him money - not much because I didn't have much. I had an OJ and some food at the Waffle House and the waitress, who was very nice - until I didn't tip her enough - called a Taxi for me.

An unmarked, very battered Hispanic Taxi. The guy barely spoke English and didn't know where he was going. Finally he rang in and got directions. He got me to the Simpsonwood Church. There were a lot of people around the church and when I asked, one of the women said she drive me over to the Conference Centre.

. but once I reached the Centre and BECAME centered everything just got easy.

All I wanted was directions but I'm glad she took me because it was at least a mile or so in off the road. Once there it was fine, I found my room and one of my roommates (Kay) life improved substantially. So that was my 'Journey' inward. There were about 100 people at the Simpsonwood Centre, which is a Methodist Conference Centre. It had the most beautifully carved doors into the reception area. A larger than life Christ figure with hands extended in welcome, surrounded by nature. Very welcoming and peaceful. There were a lot of other Conference people at the Centre, on and off, during the time we were there, but everyone was very friendly and once we got together, us "Labyrinth People" started to recognise each other in the crowd and always had a place to sit at dinner time. The food was fabulous and I ate so much I must have put on several kilo. I had all the Southern delicacies, including 'biscuits and sausage gravy' which I've read about in books and never could quite understand. A biscuit turned out to be like a very heavy savoury scone - very nice! I had 2 with breakfast every day!

The Pre-Conference Session I attended was wonderful. A yoga class combined with walking and dancing the 'Wild-Woman Labyrinth' and making labyrinths with pretty stones and beads. Each of us made our own and then talked about them. I loved the one that was created out on the verandah.

The sun was shining, the sky was blue (I've sort of forgotten what that's like after all this time in England!) and the trees were on fire with Autumn colours.



Coming from Coastal Far Northern NSW Autumn is still a novelty for me. Trees going gold and dropping their leaves like rain in the sunshine? Heaven!

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The Pre-Conference Session Cont'd.

The woman's labyrinth on the verandah was made of fallen leaves, yellow and bronze, held in place by glass stones that shone like diamonds. Beautiful. It was all beautiful, as we danced and moved around the labyrinth

Gathered - Up ... and now for the Gathering

The Pre Conference sessions were very settling. I felt I'd really arrived and my fears evaporated and I started looking forward to the rest of the Conference - even my own Presentation! Maybe someone would turn up to see what this game was about that this unknown Aussie had created.

I met all the people whose names I had only seen in emails up to that point. It was a shock to realise that the President, (lame duck president they call them in the States when they are on their way out)

Kimberley, lived in England with her Labyrinth addicted husband (Jeff) not far from where I had lived for the first 8 months of my time in England. What an opportunity I missed back then! I just didn't know... I'm not sure why.

Kimberley is going to be working on building up the English Chapter in the new year and has extended its range to the North because of me! If we can get this as active as the Aussie Chapter we'll be going some!

The Labyrinth Pathway- Access to Inner Wisdom and Healing Board Game

The purpose of the presentation to the Gathering Workshop was to Introduce it as an innovative personal development tool - to provide insights into Life's many paths. Still at prototype stage, the session was a practical session of experiential learning as a way to contribute to the final form this game will take.

I had 7 people who had chosen to come and be part of my labyrinth game experience and although I only had 90 minutes we got stuck into 'playing' and everyone was tickled pink. So much so that people came up afterwards and said they'd heard good things about it and would I do it again.

A Humbling Experience.

I ran the whole game as a Post- Gathering Workshop. It was very humbling to walk past dinner tables on the Sunday evening and hear people raving about my game. Any doubts I still had about the possibilities it has were gone by the end of the Gathering and I had some good leads to follow when I got back here.



Now the real work starts - work that is really not my area of expertise. I'm a creator not a business person! But I'm determined to carry this through now.

Labyrinth DVD - Soon to be launched.

Creating the Path - A Story of Labyrinth Building

How many times have each of us known in our hearts that if we could just get "permission" to build a labyrinth in the first place, we could raise the funds, find the volunteers, and secure the materials to make it happen?

Whether we want to build the labyrinth in a park, church, hospital, school, or prison, we must somehow paint the right picture so the person in charge can "see" the finished project and its benefits and ultimately say "yes" to our request.

The video will be approximately 22 minutes in length and will be given free to every current and future member of The Labyrinth Society. It will also be available to others for a nominal fee to cover the cost of duplication and shipping. The goal is that Creating the Path will speak directly to decision makers, moving them to stand in support of your proposed labyrinth project.

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Labyrinth DVD - Cont'd.

Creating the Path is about getting permission. his video will highlight successful labyrinth projects.

- An elementary school principal will talk about how the labyrinth on the grounds helped change the attitudes of some of the roughest students in the school.
- A hospital administrator will speak of the peace and hope the labyrinth in the prayer garden has brought to the families and caregivers of patients in the hospice [or oncology] wing.
- A park superintendent will speak to the care and respect given to a rogue labyrinth that was created in his park and now draws visitors from all over the area.
- A prison warden will tell of the healing nature of a labyrinth set in a maximumsecurity unit.
- A minister will attest to the labyrinth's amazing ability to reunite his divided congregation.

The DVD An Australian Perspective.

I was asked to take part in the DVD they were making, to give the Aussie perspective. Nerve-racking, but I walked the labyrinth before I went in and I seemed to be in a lovely space by the time I sat in front of the camera with lights and microphone in my face and powder being applied to my shiny chin and nose.

I talked about the growth of the Society in Australia and then they went off on other tangents- about my personal experience. I don't know what they'll end up using - if anything- but it was a nice experience, especially as it came after my Presentation, which was very successful.

A World Labyrinth Walking Day???

I have also decided to get involved with the World Labyrinth Walking Day. We are negotiating a day, probably in March, April or May that would become a day where we all walked the labyrinth together around the world. My personal choice is Earth Day on the Equanox March 20- I think that's what we all have in common- a commitment to the Earth, no matter what spiritual or ideological belief system we hold. But there are a lot of other dates being bandied around.

Any ideas from the Aussie contingent would be gratefully received.

The Future - Its About Healing Communities

I felt particularly grateful to be present in the States, as Americans were silently watching the first speech made by the new Black President - I was part of history - they are all sooooo happy Obama won!

I think that there is a need for a much wider focus for the Labyrinth Society in the up-coming years. Like so many things, the US has been at the forefront of the Labyrinth Society, but the rest of the world is catching on, like us Aussies, and now it really is becoming an International Society and I'm itching to get more involved.

Transformation...

It seems to me that there is so much more than personal healing and growth involved in this movement. It is about healing communities and the planet. The more I can do to assist that, then bring it on. My game will be part of that contribution ... but I now see I must become more community orientated - not just creating in isolation

So to the post-Gathering bus trip.

I decided to do it at the last minute because I didn't know how else to get to my B & B in downtown Atlanta. It was the icing on the cake. We visited 6 very different labyrinths in rehabilitation centres, church grounds and in private homes and wasn't that last one a delight a small private home's front yard open to anyone who passes by and wants to walk it. Made of ornate stepping stones leading to a vine covered bell shaped centre with a huge wind chime inside that resonated right through me! The Lashes, the owners of the property, were lovely people and very much involved in the peace movement. stop on the tour, but to me, by far the best!! The perfect ending to a perfect Gathering! I'm sooo alad I went! The lovely old mansion B & B I stayed in for 2 nights before coming home was just what I needed to regroup before the flight home.

I got back to rainy olde England ready to take on the world...well, my bit of it anyway. I just hope the inspiration carries me through the challenges ahead. I'm going to start 'Blogging' about my game progress shortly, as I have been told that is the best way to let people know what I'm doing. This will be my address. www.thejourneywoman.info/

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So, that's my Journey . . .

Just writing it has been an epic adventure. I better stop now and go out in the wind and rain to get some food. My cupboards are bare Until we meet on "The Labyrinth Pathway"...

Future Directions - In Australian Region TLS?

It has been a great year for us in Australia with many opportunities for gathering up, training, workshops, public lectures & health forums as we made connections locally and with the Labyrinth North West Network in USA who are hosting our newsletter. Thanks Kay our connection is much valued.

www.labyrinthnetworknorthwest.org/resources.

www.labyrinthnetworknorthwest.org/resources. html

Our Newsletter has been an important part of networking and supporting initiatives. However, it has been the 'people to people' connections that have made the difference. This networking was greatly facilitated through the decision in December 2007 by Libby Delbridge to hold the Gathering at Eltham and further developed through Lauren Artress and Robert Ferre's visit's in 2008

2008 has also been a year where The Labyrinth Society's membership has grown, some members have been meeting for the first time, and others volunteering to take on key community development roles in their home States and Territories.

A great year concludes with a decision to convene a meeting of TLS Regional Reps to consider future directions. If you are interested and would like to be involved in this "Wisdom Circle" please contact with me or the Regional Representative in your State or Territory. http://labyrinthsociety.org/regional-reps



Left to right. TLS Members Tiea McCulloch, NZ Alana Forest,QLD Siobhan Christian NSW, Robert Ferre, Paula Mc Leod VIC, Michael Hansen VIC, Lorraine & Geoffa Rodda VIC Margaret Rainbird NSW, Ikia Healy TAS, Trudy Sebaly VIC & Angela MacKenzie VIC

A Farwell Message from TLS Immediate Past President Kimberley Saward



"We sat side by side in the morning light & looked out at the future together"
www.storypeople.com

Kimberley's Invitation - Come Walk With Us ...

I invite you to explore The Labyrinth Societies website to get a sense of the labyrinth's history, its role in the modern world, and its potential for the future. As you explore the labyrinth's paths, consider their relevance for you, and consider joining us on our ongoing journey of discovery.

Members of TLS are individuals, who because of their work with labyrinths worldwide, have formed a diverse and energetic community for the celebration and enjoyment of their common interest, the labyrinth. We endeavor to inspire and empower one another both in the leadership of the organization and in the work we do with the labyrinth.

Designed to serve those whose imaginations have been captured and sparked by the labyrinth symbol, the Society exists in order to support all who create, maintain, and enjoy labyrinths.

It is by sharing our enthusiasm and resources, and by providing education about the many aspects of the labyrinth's design and uses, we offer the global community unique opportunities for connection & transformation.

Thank you too Kimberley for your leadership, commitment, achievemnet and reflection during your term as President.

www.labyrinthsociety.org

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TLS Membership fees support the infrastructure of this International Organisation. Also the Worldwide Labyrinth Locator, Scholarships to Gatherings and Memberships, the DVD Project and sponsored our table at Expo 08 in Melbourne. TLS does not have a building and is an organisation of volunteers.

To join TLS means you will be part of a supportive and diverse network of interesting people who are working for a better world. We invite you to bring your energy, talents and passion and join us either as a TLS member or a Regional Representative.

- Join the Membership or Nominate to become a Regional Representative
- To obtain a Membership Scholarship of The Labyrinth Society, Inc

Please email David Gallagher info@labyrinthsociety.org

To register online and pay by credit card. https://secure.labyrinthsociety.org/tls/forms/form.new_individual.php

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wildflax@yahoo.com.au

SA - Non TLS Contacts are:-

Cedar Prest <u>cedarprest@yahoo.com.au</u> Jeff Trehair jeff.trahair@adelaide.edu.au

NT - No Regional Representative

Volunteers sought

STOP PRESS

TLS Gathering Portland Oregon 8 - 10 Oct 09Wonderful opportunity for more Aussies to go.

Gathering - Up Overseas - A Journey To Healing and Wholeness.



About the 10th Annual Gathering in Atlanta. Summary of events from the websiteBy Lorraine Rodda

President Lisa Moriarty.

Congratulations to our new TLS president Lisa Moriarty. We look forward to an exciting year Worldwide...

As an anniversary celebration, the underlying theme of the Gathering was labyrinths in healthcare. "Journey to Healing & Wholeness" Events began with optional pre-gathering workshops to transition with dowsing, yoga, dance, and inspiration cards, and closed with painting personal canvas labyrinths and a day-long bus tour.

Some events of the Gathering included:-

The Wisdom Circle, of founding members, ... gazing into the future of labyrinths in the global community.

In Robert Ferre's presentating on "Science and Spirit," explored the building and use of labyrinths in hospitals.

Rebecca Rodriguez, introduced the labyrinth to hospice workers across the nation, led us on a sacred journey.

Global musician Sonam Targee, set the tone as we danced and sang together in a grand celebration!

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TLS Annual Gathering Workshop Descriptions:-These summary's outline the interests of labyrinth community overseas.

Finger Labyrinths in Therapeutic Environments

Neal Harris, Barrington, IL

Finger labyrinths have been used for over ten years in hospitals, schools, physical/occupational therapy and psychotherapy/counseling to assist a variety of emotional, psychological and medical concerns. Explore this with one of the pioneers in the field and learn about his research with ADHD children.

The Labyrinth as a Component of an Optimal Healing Environment

By Ellen D. Schultz, Hudson, WI

Healing environments promote well-being in both those in need of healing and the providers of health care. This presentation will discuss the components of Optimal Healing Environments and ways that the labyrinth, incorporated into healing environments, facilitates healing.

Biobehavioral and Spiritual Responses of Women in a Labyrinth Walking Program

Kay Sandor, Galveston, TX

This research report examines the biobehavioral and spiritual responses of women in a labyrinth walking program compared to those walking a track at a slow pace. Findings show walking the labyrinth incorporates body, mind and spirit in an integrative, holistic health practice.

Moving the Mountain: Bringing Labyrinths to Institutions

Jane Wirth, Pittsburg, CA

If you have been looking for steps to make a labyrinth become a reality in a conservative institution, this is the workshop for you. Jane will describe how she has successfully brought labyrinths into a hospital, church, retreat center, and community settings. You will learn step-by-step the process to move your project forward.

Jonah and the Whale – A Labyrinth Story of Healing Anger and Rage

Gernot Candolini, Innsbruck, Austria

Jonah and the Whale reflect the labyrinth path in an amazing way. Great stories never end with the showdown. In the center waits the thread of Ariadne to lead the hero out of his labyrinth into the inner healing of his frustration, rage and anger.

Using the Labyrinth to Bring Consciousness and Movement to Life Issues (a.k.a. Get Unstuck Fast)

By Jennifer Yohe and Ricky Cullipher, Meza, AZ When you feel "stuck", do you think you are out of the natural flow of your Soul expression? Using the labyrinth as a hologram for your life, learn specific techniques to identify these potent places and how to allow them to transform your life.

The Labyrinth: Gateway to Other Worlds

Atala Dorothy Toy, St. Charles, IL

Explore the classical labyrinth as a living gateway to other dimensions. Every time the energies shift inside the paths of a labyrinth, a portal opens and is available for exploration, learning and travel – a safe controlled laboratory in which to examine the energies of any chosen field of focus – the land, the chakras, the planets, the worlds around us.

Kids on the Path: How to Bring the Labyrinth Experience to Schools

Marge McCarthy, Santa Fe, NM, and Lisa Gidlow Moriarty, Stillwater, MN

Using old, new and school labyrinths, discuss steps and methods to introduce and use labyrinths to the school setting, including a role-play experience on a unique conflict resolution labyrinth design.

Roots and Wings Labyrinth

Carol Posch Comstock, Erie, PA

Spirit, nature, and breath are the focus in this unique labyrinth experience. It may be that a movement is perfect when it expresses the satisfying combination of body, mind, and spirit. In harmony with nature, discover a new way to walk a labyrinth, blended with Paneurhythmy, a dance meant to promote alignment with the Divine.

The House of litoi – Labyrinths in the American Southwest

Jeff Saward, Essex, England

The occurrence of labyrinths amongst the native peoples of the American Southwest remains one of the biggest mysteries in the history of the labyrinth symbol – where are they found, how did they get there, and more importantly, when?

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The Labyrinth Pathway- Access to Inner Wisdom and Healing

Nhys Glover, Addingham England Introducing the innovative personal development tool – The Labyrinth Pathway, a board game designed to provide insights into Life's many paths. Still at prototype stage, participants will contribute to the final form this game will take.

The Power of Circles – Ancient Wisdom and Modern Tools for Community Building

Ingrid Bredenberg, Montague, MA
Sometimes the labyrinth calls us to create a team...to design, build and maintain it. Often it calls us to build a community...for celebration, learning, healing and support. Sharpen facilitator and leadership skills using techniques to inspire involvement, cultivate consensus and encourage accountability. Explore practices and resources for community-building and effective decision-making for groups, boards and leaders.

The HEAL Africa Labyrinth: Walking Towards Hope in the Democratic Republic of Congo

Jill Kimberly Hartwell Geoffrion, Deephaven, MN

This visual presentation documents the construction and use of the labyrinth by survivors of violent rapes, participants of an ecumenical seminar for church leaders, the medical staff of a local hospital, and other community members in Goma, Congo.

Lettuce Grow Labyrinths

Victoria Register-Freeman, Jacksonville, FL Downsize your carbon footprint by building a herbal labyrinth in a community garden for under \$50 and spread "labyrinth seeds" far and wide. Learn quick activities to connect gardeners and labyrinth devotees.

Integrating the Ancient Healing Arts of The Tea Ceremony and Labyrinth Walking: Designing a Model for Healthcare Settings

Mary Moskoff, Madison, WI

In our pursuit of wholeness and healing we have begun to look for rituals that can aid us in this process. The labyrinth is a powerful tool for people to connect to their oneness. Another ancient healing ritual is the tea ceremony. The development of a "Teamind" as a Zen practice has similar healing properties to that of experiencing a walk on the labyrinth. When combined, one can enhance the other.

A New Category of Labyrinths: for Horses

Ben Nicholson, New Harmony, IN, and Cordelia Rose, Glenwood, NM

A compete study of monocursal designs unearths a new category of labyrinth which proves ideal for equestrian use. Hand drawings of 225 different designs will be shown, in addition to built labyrinths for healing horses and humans in New Mexico.

Creating a Healing Path

Stephen Shibley, Estacada, OR, and Pamela Hawkins, Kansas City, MO

Using clay and the Earth Mother labyrinth design, participants will experience how creative self-expression, the labyrinth, and the "womb" become powerful sources for personal, as well as collective, healing and transformation.

Walking Your Power

Joyce Ellenbecker, Corona, CA

Walk the labyrinth exploring your personal power. The Right Use Of Power is ethics of compassion and of the heart. It recognizes the power differential of roles, situations and personal power particularly with those of us in helping professions.

A new section on the website is a one place to gain information Labyrinths in Places. i.e.

Counselling Settings Hospitals

Universities

Schools

Public Parks & Community Settings

Churches

Prisons

www.labyrinthsociety.org/labyrinths-in-places

Pre Parliament Event Worlds Religions.

"Making a Difference", Sunday 8 Feb 2009

Celebrate our diversity through music and ritual. Taste" the Parliament experience at a traditional Sikh food offering. Learn more about two of the major issues to be addressed at the Parliament – reconciliation between Indigenous and non Indigenous Australians and the challenge of climate change. Register for Melbourne: Receive 10% register before 3 – 9 December 2009

http://www.parliamentofreligions.org/ templates/melbourne ppe reg.cfm

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Note: Labyrinth Events Australia - All Welcome Regular & New Years Eve Labyrinth Walks

Moonlight Walk - Community Event



23 Telford Rd Narbethong RSVP 5963 7050 before hand. BYO food to share, and an open heart & mind. Gold Coin donation. All Welcome. Once agaiin, you are invited to join local art therapist & labyrinth facilitator, Julia Peddie, for a 'community labyrinth walk' on her property. Experience the ancient labyrinth journey in honour of the full moon. Saturday 13 Dec 2008 Celebrate & Camp Out 7pm late Drums/musical instruments welcome.

Mystic Temptress Party Pamper Packages We will come to your home and give you and your guests a beautiful experience that will have your senses ensnared with joyous delight in a celebration of the feminine.

You will be treated to Ancient Goddess wisdom rituals, finger labyrinth meditation, tarot, reiki healing, coffee divination, auric colour make-up, Liquid Crystals and Venus/Mars astrology readings.
Telephone Trudy Sebaly on 0413 270 503 http://www.mystictemptress.com.au

Camberwell - Victoria

Usui Reiki Centre for Healing 17 Fairfholm Rd. Camberwell Contact Sue Oakleigh Phone 0400 194 286 +61 3 400194286 sueoak@bigpond.com

Community Labyrinth Building Day Saturday 13th December 2pm-3.30pm Off Back Beach Rd San Remo rear of Cypress Trees in The Lions Children's Park.

A learning by doing an activity creating the sand and grass labyrinth for the 2008/9 Sun Surf and Sand Festival. Learn about dowsing, how to create the pattern and form the pathways. Have a fun day with family and friends BBQ Picnic area and children's beach nearby.

Email <u>Igrodda@iprimus.com.au</u>

Augustine Centre

2 Minoa Street Hawthorn Vic Phone 9819 2844

Walking Labyrinth: restoring earth, restoring self 1st & 3rd Wednesday each Each month we will explore themes which ground our spiritual practice in the midst of stepping out into life. Our commitment to live more vitally with responsibility is strengthened in a ritual of walking the labyrinth. Leaders: Brian Copple, Labyrinth Walk Facilitator Paul Sanders, Contemplative Teacher Cost:Donation.

Regular and New Years Eve Labyrinth Walks St David's Oakleigh Vic. New Year's Eve 7pm Others Times: Second Wednesday of the month, 8pm - 10pm at the Oakleigh Uniting Church hall, 154 Drummond St. Oakleigh



A typical labyrinth evening involves an abundance of space and quiet, with ambient music to help the process. These events are structured very simply, with the atmosphere and the labyrinth path providing most of what is needed. Pencils, crayons, and the like provide a creative outlet for further reflection.

Quiet Day Labyrinth Walk St Margaret's Anglican Church Eltham Vic



81 Pitt Street Eltham.

Dec 10

Time 10.00 - 4.00 Quiet Day - BYO Lunch
For details phone Parish Office 9439 9238

Norwood - South Australia

Adelaide Labyrinth Project
Clayton Wesley Uniting Church
Cnr Portrush Rd and The Parade Norwood
Last Tuesday in each month. Contact Jeff
Trehair. Jeff.trahair@adelaide.edu.au
Website http://www.users.on.net/~labysa/

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Prayer in the Labyrinth, December 2008 at St Andrews Beach [Rye]

Labyrinth prayer offers a contemplative way of approaching and resting in God's presence. It is a "mini-pilgrimage", acknowledging the twists and turns of life, but honouring the deep desire to find what T.S.Eliot called "the still point in the turning world", and to attend to all of life differently, through the lens of the great love of G o d.

Robin and Bronwyn are members of the Uniting Church, and have ministered ecumenically for many years in retreat leadership, spiritual formation and companioning. Robin was a founding member of the Australian Ecumenical Council for Spiritual Direction, and Bronwyn is National Chairperson for Camps Farthest Out Australia, and inter-denominational retreat movement. We would also be interested to hear from women or men interested in separate contemplative/silent retreats in the second half of 2009.

Note: 2009 Wilderness Retreat - Lake Mungo, 25-29 Sept 09; Dates to be confirmed. Please Email if you are interested. robron@pyror.org.au

Annunciations": Advent theme - St Andrews

Saturday 6th December

* Leaders: Robin & Bronwyn Pryor
Location: 60 Bass Meadows Blvd, St Andrews
Beach 3941, Melway map 251 J5
10am to 4pm, lunch and drinks provided
Cost: \$15, unwaged \$12 Please book by 8pm
Phone , 5988-5257, 0412-301-450, or email robron@pryor.org.au

"Praying-in the New Year"

A Labyrinth Meditation Night at St Andrews.

An opportunity to walk the labyrinth by candlelight. To make the transition to 2009 in quietness and thankfulness to God.

A mixture of silence and sharing; a time for reflecting on and celebrating the year past, and on the challenges and possibilities of the year to come 8:30pm [supper] to 12:15am [including brief closing liturgy] book by Monday 29th December, 08 Ph. 5988-5257 Email robron@pryor.org.au

Resources and Market Place

- Building Labyrinths Robert Ferre www.labyrinth-enterprises.com/
- Dowsing Labyrinths Sig Lonegren www.geomancy.org
- The Labyrinth Society Inc www.labyrinthsociety.org
- Veriditas Facilitator Training
 http://veriditas.org/programs/training.s
 html
- Images for printed materials and finger labyrinths etc
 http://www.labyrinthsociety.org/html/a bout labyrinths.html#
- Labyrinth Research Group
 http://www.labyrinthsociety.org/resear
 ch

Modular Kit form Gardens- Tasmania
"Form Boss" galvanised metal edging for long
lasting, no maintenance and strength.
Beautiful design, easy to install and grows with
your budget. We provide you with everything
you need to get you going, a backup service.



Email Ikia Mark Healy. magicpathman@yahoo.com.au

Australian Labyrinth Link - South Australia

Cedar Prest offers a range of services & products including design and build permanent outdoor, canvas and finger labyrinths as well as Facilitating Training. T Shirts \$20 Plus postage XXL XL L & M Very heavy quality cotton in 3 colours & 2 styles

http://www.labyrinthlinkaustralia.org/services.htm

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Amazon. Shopping Benefits TLS with Funds

Please spread the word among friends, relatives, and colleagues. The percentage TLS receives (minimum 4%) increases proportionally with sales in any given month – potentially as high as 10%!! Includes books gifts electronics etc - and a portion of your purchase will be sent to the Labyrinth Society! All you have to do is click on any of the Shop Amazon.com links on the TLS website and purchase your merchandise as you normally would. Please access their site through the link on our TLS homepage.

Alternatively, you can use the following URL: http://www.amazon.com/gp/search?ie=UTF8&keywords=labyrinths&tag=thelabysociwe-20&index=blended&linkCode=ur2&camp=178 9&creative=9325

Publications

- Attress, Lauren. Walking a Sacred Path. Rediscovering the labyrinth as a spiritual Practice. Published Penguin group (USA) Inc. New York, USA.2006.
- Curry, Helen. The Way Of The labyrinth. PUB, Penguin Group, Penguin Books Ltd Middlesex England.
- Lonegren, Sig. Labyrinths ancient myths and modern uses.4th edition.2007. Pub, Gothic image Publications. USA.
- MacQueen, G. The Spirituality of MAZES & LABYRINTHS. Wood Lake Books, Inc. Kelowa, BC, Canada.
- McCarthy Marge, Kids On the Path.2007. Published by Labyrinth Resource Group.
- -Saward, Jeff. MAGICAL PATHS, Labyrinths and Mazes in the 21st century. Pub and Printed, Toppan Printing Company, China.2002.
- Sands, H R. LABYRINTH pathway to meditation and healing. 2000. Pub. Gaiav Books Ltd., UK.
- A double sided chart of classical labyrinth provides a lot of information about the symbolism the seven rings, seven days of the week, seven colours of the rainbow the plantes of the solor system etc www.momentum98.com/charts.html

The Spirit of Veriditas - Newsletter Voices from the Labyrinth http://veriditas.org/newsletters/journal.shtml

"Labyrinths Around The World Edition"

Each Season Veriditas put out a newsletter with a theme. Enjoy this edition with articles from all around the world. There is an Australian article with a photo of Elizabeth Cerda-Pavia 's "Sophia's" but they seemed to have the wrong name:) and the text is a bit English but well worth a read all the same....



Labyrinths Matter Newsletter

The newsletter is here to reflect the many different ways to experience the labyrinth journey and to meet people at different levels of labyrinth knowledge - join us on the pathway by contributing your articles and photo's so that others may share the journey.

It is helpful to have the format in 2 columns, with the text in 10 point - Century Gothic

Email articles, events and your services to lgrodda@iprimus.com.au

Labyrinth Network North West Newsletter

With the generous support of our "Sister" organisation our newsletter can also be views through this website. The June 08 Edition of LNN is most interesting.

<u>www.labyrinthnetworknorthwest.org/resources.</u> <u>html</u>