

For Immediate Release

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Food Labyrinth Nourishes Soul and Helps Feed Hungry

The public is invited to create a food labyrinth on the floor of the Lincoln City Cultural Center auditorium to launch the new Coast Vineyard Food Pantry in Lincoln City. Donations of canned and non perishable food items may be brought to the Cultural Center during the month of November. On December 4th, from noon to seven pm., boxes and cans will be transformed into a large labyrinth. One may also bring gifts of food and place them on the path of the labyrinth as one walks.

A labyrinth is an ancient form of prayer and meditation used by many faiths. Resembling a maze without blind alleys or dead ends, one walks the labyrinth as a reflective path to center one's self and one's thoughts.

"We chose to do a labyrinth rather than a traditional holiday food drive," says Joyce Thompson Graham, Agency Relations Coordinator for Food Share of Lincoln County. "This event will give people a chance for quiet reflection and solace during a busy season. It allows the walker an opportunity to consider the lives of others while giving thanks for one's own gifts."

The labyrinth itself is being laid out by Kay Kinneavy, known as the Labyrinth Lady. Kinneavy will be available to assist walkers or answer questions about labyrinths. Meditative music will be provided by Elizabeth Rudkin, playing the harp, and John Trullinger on the flute.

Individuals and businesses interested in participating in this event are encouraged to begin now to collect canned food and non-perishables to line the labyrinth path. Donations can be delivered in advance to the Lincoln City Cultural Center, Monday through Saturday from 10:00 am to 5:00 pm.

For more information about the event or about the new Coast Vineyard Food Pantry, please call Joyce Thompson Graham or Food Share Director, Nancy Smith, at 541-265-8578.

The Lincoln City Cultural Center is located at 540 N.E, Highway 101 in Lincoln City in the old DeLake School building.